

*My  
Life  
My  
Pain*



*Mark A. Bonilla*  
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*I'm 25 years old, I've been down since 07, and I've got a few more to go. The only way out of here over the years has been through my poetry. The funny thing is, when I first started writing, that's all it was, "my way out". The more I wrote the more I needed to. Then my boys said I should do something with it. So here we are. And don't worry, if you don't like it or can't relate, it's just not for you. Though I hope, in my words, you can find whatever it is you are looking for. I know I have.*

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*Dedicated to  
Everyone who did not want me to succeed,  
But more importantly to those of you who did. And to Black  
and Kuz, if it wasn't for you two I probably never would  
have put this together. Thanks for driving me forward, I love  
you.*

*Mike A. Benth*

## Blinded

7/10/07

*Crazed by the craving for a life not worth saving,  
To have "He Did Not Deserve It" as a tombstone engraving,  
The thought of the end never put fear in his heart,  
So to him he was invincible right from the start,  
He got caught up in troubles he never controlled,  
Living for today, how would tomorrow unfold,  
Never quite realizing, every cause has effect,  
Always has doubts, but no time to reflect,  
Why nothing went right he wanted to know,  
A life full of decisions with nothing to show,  
Sad and depressed, lost and confused,  
His family had left him, his life they refused,  
He felt like the world had left him for dead,  
He had so much to say, though he left it unsaid,  
He lived life a blind man with nothing to see,  
So it took him a while to see he is me.*

## Searching

7/11/07

*Incarcerated in this jail, in this hell,  
Beyond my mind, is a life outside this cell,  
I can't escape my own mind's mental state,  
Into thin air as my thoughts evaporate,  
As my mind tries and my eyes cry,  
I look deep inside to find the real man that lies,  
I try to consider my life as a sinner,  
My emotions are scrambled, my patience run thinner,  
Why can't I see what I'm destined to be,  
My future's my future, but my freedom's not free,  
The life that I live is not the life that I'm choosing,  
But life is a game, a game that I'm losing,  
I ask for forgiveness, I ask for more strength,  
I reach to receive it, but can't reach that length,  
Let out my frustration, let loose with my anger,  
As I head down that road, Death marks me for danger,  
Making decisions without consequence or thought,  
To live with mistakes and the troubles they've brought,  
Dealing with my life so my mind's in despair,  
Stressed in this cell, because my life is out there.*

## Hopeful

7/12/07

*Why should I have to settle for lies,  
When time flies, the time is now to realize,  
We as men are causing our demise,  
Disease, wars, abusing our natural supplies,  
When will it stop, tick tock, please slow the clock,  
We have to pull together to make it to the top.*

*Who can we depend on to make it through dark,  
On our left, we have the devil,  
On our right, a fire that he sparked,  
Problems around the world we go to help without a plan,  
How can we help with problems we can't possibly understand,  
We can't even fix the problems that we're facing in our land.*

*Tears in a grown man's eyes as we try to devise  
A plan to live life right,  
While we struggle like our parents,  
And fight the same old fight,  
As our children grow just to walk through the same night,  
In hopes, one day, someone will see the light,  
Then a new life will ignite,  
And we will finally be alright.*

## My Reality

5/19/08

*Looking at my life through a magnifying glass,  
I'll take a second to put my own life on blast,  
Think of all the things I did wrong in the past.  
My perception of life was a party until I crashed,  
It was sad,  
Caught up in the money hungry life and it turned out bad,  
Lost so many things I never new I had,  
My freedom is gone, when will I get that back,  
Just realizing my potential,  
Need to get my life back on track,  
It feels like I'm living a nightmare,  
But I'm aware, that life's not supposed to be fair,  
We're not chosen to do,  
Because we choose what we do,  
If you knew what I knew,  
You would not take a step in my shoes,  
Mentally taking a beating from all I have been through,  
It's not looking good, and it's not even round two,  
Continuously struggling to justify a reason,  
To how I always end up committing self treason,  
It feels like an endless rollercoaster ride in my mind,  
But instead of going up it's on a constant decline.*

## Pride

6/12/08

*If there's fallen angels in heaven, are they landing in hell,*

*Living life as a sinner has me locked in a cell,*

*Withdrawn from the world, am I supposed to be sad,*

*They're just caging my anger and It's making me mad,*

*So I try to maintain a stabilized state of mind,*

*Who am I,*

*The man in the mirror, on the wall, standing tall,*

*Through my demise,*

*Hypnotized by all the lies, the only truth is my hands are tied,*

*Still, I will not bow before any man, I'll take a stand,*

*No matter what they demand,*

*When will it be enough, when life is rough,*

*Should I give up,*

*Contemplation of a better me, when will it be, that I am free,*

*Living inside this mental cage, I cannot gage all of this rage,*

*An intellectual chain of thought,*

*Caused by the perpetual pain my life has brought,*

*Forever knowing the man who is me,*

*Awaiting the arrival of the man I can be.*



## The Light

8/7/08

*Invision this mental prison,  
I keep reliving this life of sinning,  
I always take I'm never giving,  
My life's in pieces my head is spinning,  
My hands come together to say a prayer,  
Lord please help me I'm in despair,  
I hope you hear me,  
I hope you care,  
This life's not easy,  
This life's unfair,  
Now I'm far from perfect,  
I do my dirt,  
I know it's wrong,  
That makes it worse,  
All that I ask is come to my rescue,  
Do what you can and I'll do what I can too,  
I've got faith in you Lord,  
That's why I called you first,  
So much pressure in my life,  
Am I damned or just cursed,  
So here's my cry for help Lord,  
I need your guidance now,  
I know I should live right Lord,  
I need you to show me how.  
Amen!*

Reminisce

2/15/09

*I remember those days when we use to chill,  
When I first blazed with you, I thought this can't be real,  
You were my hommie, my friend, but my grandfather at heart,  
Till the day I got booked they could not tear us apart,  
Now that you're gone I'm lost without you,  
My heart is in pieces I can only see blue,  
I can't understand why God took you away,  
But you're with Him now so I know you're okay,  
If I could go back in time I'd change my actions fast,  
Just so I could have been with you on the day you passed,  
It hurts me to know I was not there when you needed me most,  
I just need you to know, in my heart we were always close,  
So for now it's good bye and enjoy the heavenly light,  
Till I see you again, I love you, goodnight.*

## Inner Thoughts

7/26/09

*My mind is in a state like a tape on repeat,  
I can't escape the pressures I live through,  
What can I do when all I do is think out of sync,  
My brain just replays all those days of mistakes I made  
That led me to this place,  
This jail wasn't in my future plans in the passed when I asked,  
Where my future stands,  
Some would say I chose this life through the choices I made,  
What can I say when even I think they're right,  
It's a sick feeling knowing I'm to blame, it's a shame,  
I would always say It's just a phase I will change,  
Mixed emotions on life why do I even try,  
My grandfather passed away and I barely cried,  
He was my life the only reason I had feelings inside,  
It drives me crazy knowing I could not be by his side,  
If I hadn't chose this path could I had saved his life,  
Why do we fight for survival if we're just living to die,  
For one mans sole existance is pointless,  
We're just a blip on the screen,  
Next to a list of disappointments, failures, and worthless dreams,  
Fighting with my mind is a winless battle I now see,  
Because I can never change what happen only alter what will be.*

## Trapped

9/23/09

*My brain waves race at an insane pace,  
To try to decide my fate,  
It's not a choice I make,  
It just takes place,*

*My mind needs no time to make decisions,  
Based on false visions,  
Of an existance without provisions,*

*Diminishing thoughts of a man with a plan,  
To change anything in his life that he can,  
Constantly at war with my thoughts,  
Never finding peace within, so I'm lost,  
Living life on beliefs not proven,  
So even when I win, I feel like I'm losing,*

*I forgive and forget,  
Just to live with regret,  
But can I fully except,  
Losing what's left,*

*I'm imprisoned by my mind,  
Until the day that I find,  
The key to rewind time,  
And pick up the pieces of me left behind,  
Trapped in my thoughts, no time for relaxing,  
Unable to realize I can't change what's happened.*

## Change

11/17/09

*A life for me,*

*Nothing but thoughts of what my life should be,*

*Is it by chance or is it my destiny,*

*These feelings in me say it's misery,*

*Now do I give up and die,*

*No,*

*I fight for my life,*

*So I grow up with pride,*

*But do I grow up inside,*

*Are my decisions made right,*

*Just because I survived through the night,*

*Tomorrow will come, do I have that in sight,*

*My future is now and it does not look bright,*

*Branded in my brain is my will to change,*

*My mind is made up though my ways stay the same,*

*Looks on sad faces, I don't want sympathy,*

*I've done this to myself, now only God can save me,*

*Stressing life's lessons it's not the luck of the draw,*

*When all my life's choices I've drawn the short straw,*

*Monday through Sunday these weeks keep on flashing,*

*Time's on my side, yet my life keeps on passing.*

## United

3/3/10

*Truth hidden behind hundreds of lies,  
We as people are slow to realize,  
So one day we lose our lives,  
Without ever quite knowing how bad your hands were tied,  
Deaths go on without reason,  
While the ones we elect continue their treason,  
They sit back collecting, while it's us they're rejecting,  
So we ask ourselves why,  
But we are too lazy to find,  
The answers we look for are really inside,  
We've created this problem we are slow to fix,  
We don't like complication so we join in the mix,  
We need to open our eyes,  
See past the lies,  
We know what is right,  
Keep that in sight,  
This night might be long,  
But tomorrow brings light,  
Never give up your fight,  
The battle is lost,  
But the war has not ended,  
It's our right to life's pleasures,  
It should be defended.*

## Moving Forward

10/7/10

*I laugh to keep from crying, inside I'm really dying,  
My life's a struggle but I won't stop trying,  
Feeble attempts made to move forward,  
I try to move faster though this time moves me slower,  
Steps in the right direction made by legs long still,  
Life's misprints and mishaps, what's been done was my will,  
Disappointed yet determined, a face devoid of emotions,  
Bad lapse in judgment to deal with other people's notions,  
My intentions were young in the days gone by,  
A destructive path called my life is where my head now lies,  
This vaulted chamber known as my mind,  
Conceals my future unknown to time,  
Though my thoughts are ever changing,  
My cause and effect are forever engaging.*

Left Behind

10/10/10

*When you're locked up,  
They forget about you,  
They talk about you,  
No matter what they ever thought about you,  
You're not around so,  
They laugh without you,  
They cry without you,  
They move on without you,  
Their life goes on and on without you,  
Now they're getting married and having kids,  
But not you,  
Faces the same, days never change,  
Now that's you,  
It's sad but true,  
Seemingly still with nothing to do,  
Time's always passing,  
And,  
It's passing you!*



## Lost

12/1/10

*Touched by an angel,  
So caring so soft,  
One whisper from the devil,  
Now slowly I'm lost,  
I'm praying to heaven,  
But receiving more hell,  
My life is a battlefield,  
So in my conscience I dwell,  
These rivers of tears,  
Hold nothing but pain,  
Visions of my future,  
Hold all but a change,  
Pushed to the edge,  
It's where I've been since my birth,  
Not as smart as I thought,  
Has been my life's curse,  
Locked away in my head,  
Unable to break free,  
Threatened by regret,  
Yet unwilling to retreat,  
Thoughts of a joyful life,  
An unlikely persuasion,  
The corruption in my mind,  
Is an unruly invasion,  
Relentless in my attempts,  
I just want to move on,  
Feeling unable,  
Until my life's plans are drawn.*

## My Heart

12/3/10

*As I lay my head down to sleep at night,  
I think about you and pray that you're alright,  
I can't see you with my eyes, though my heart has you in sight,  
You're locked in his gaze so for your love he'll fight,  
Wondering when I will see you again,  
You're the answer to my prayers you're heaven sent,  
All I've ever wanted was for us to be together,  
All I've ever wanted was for us to be forever,  
Love was in our forecast yet hell has been our weather,  
We've made it this far we can make it through whatever,  
I'm with you for the long haul, till the day that I die,  
You're the one that I love so I'll be there to ride,  
Through the pain and the joy I'll never leave your side,  
With the hopes that one day you will be my bride.*

## Awake

12/13/10

*Restless nights, open eyes,  
Moisture in my pupils, from tears not cried,  
Questions go unanswered, why bother to ask,  
Justifying my actions, my excuses are vast,  
Pain in my heart, no peace in my soul,  
Trapped in my thoughts, and left out in the cold,  
People in my life, once so many, now few,  
Understanding in life, the one who cares most is you,  
Reflection on the past, I was betrayed from within,  
Regret is my life I can no longer pretend,  
Through these eyes, I've viewed so much hurt,  
From my heart, this pain I try to divert,  
Life is the problem, a sum not yet solved,  
Controlled by my actions, not yet involved,  
They say that in life, if no pain, then no gain,  
My life's full of pain yet my position remains,  
Mentally sound, thoughts of a sleeping giant,  
Willful to change, though my actions stay defiant.*

Manual Destiny

12/28/10

*Time invested into thoughts digested,  
A life rejected, no light reflected,  
So dark shadows cast through out my past,  
Days move fast so pain doesn't last,  
Enter my mind to see what you find,  
Thoughts unassigned, memories left behind,  
Moving forward is my will, yet my thoughts just stand still,  
Patiently waiting until my destiny is ful-filled,  
Misled by the lies, and tired of the whys,  
A life to revise, better late than never I've realized,  
For my mistakes I will atone, the responsibility is mine alone,  
My fate is not set in stone, for my future is my own.*

## Loyalty

1/5/11

*Loyalty is a rare commodity,  
Truth is honorable so why lie to me,  
Deceit can't be forgiven in all actuality,  
So death before dishonor is a non tragedy,  
True colors show through trials and tribulations,  
The truest ones stand as the others show different faces,  
An instant of hesitation that trust is lost in many cases,  
Loyalty can't be taught it's unmistakable,  
Loyal will be still while the phony start shaking,  
Question who is real because the test is for the taking,  
Only ride with those who rise to the occasion,  
Loyalty lies within, so I will die for it's salvation.*

## Good-bye

1/5/11

*This is my good-bye, don't ask why,  
For no reply will satisfy,  
Just know that love has nothing to do with it,  
Because I love you and it makes me sick,  
But don't trip or try to flip the script,  
We both knew it would come to this,  
We tried to resist but life took a twist,  
Now it's time to submit,  
But be easy and don't cry cause in time,  
Another will arrive I just refuse to be that guy,  
All lies aside the laws of love you could not abide,  
All you had to do was ride,  
I gave it my all, lie and say you tried,  
I love you but my heart is broke because of you,  
If only love was true, but there is nothing you can do,  
If you loved me like you say, you would have played your position,  
But when the game became tough, my partner went missing,  
You made your decision, it's to late for revision,  
The game is over school is in, so it's time for our division,  
All is fair in love and war,  
When you read the first line,  
You should have known where this was heading for,  
You should have put this letter down,  
And decided not to read no more,  
This is my good-bye so good-bye.*

*P.S. There's the door*

Unreleased

1/20/11

*Creation of thought,  
The spark then ignites it,  
The subconscious is sought,  
But my mind only fights it,  
Alive yet not living,  
Decoding this path I've chosen,  
Time is unforgiving,  
So the hourglass of my life is frozen,  
Battles go on in my head,  
It's held in to protect others,  
My thoughts cannot be said,  
So my smiles keep them covered.*

## Hourglass

1/21/11

*My mind is stuck in a time found in the mass of the hourglass,  
Lost in a long line of sand, suffocated by my dark past,  
Powerfully influenced by all that I have done,  
A refugee from the choices I should not run from,  
As time goes on I've realized I can't move on,  
No future is found in the time that's gone, so,  
I move forward parrallel to lost, cause,  
I look abroad time seems to pause, so,  
I live as each grain of sand falls,  
Awaiting time yet time stalls,  
I stand still baiting life,  
For death won't suffice,  
My end is lost,  
At no cost,  
Will I,  
Die,  
Die,  
Will I,  
At no cost,  
My end is lost,  
For death won't suffice,  
I stand still baiting life,  
Awaiting time yet time stalls,  
I live as each grain of sand falls,  
I look abroad time seems to pause, so,  
I move forward parrallel to lost, cause,  
No future is found in the time that's gone, so,  
As time goes on I've realized I can't move on,  
A refugee from the choices I should not run from,  
Powerfully influenced by all that I have done,  
Lost in a long line of sand, suffocated by my dark past,  
My mind is stuck in a time found in the mass of the hourglass.*

## Hourglass



## Up Lift

1/26/11

*In a collage of metal and birch,  
I sit,  
Through the stories of painful pasts,  
I sit,  
Enduring the realization of an uncertain future,  
I sit,  
Hurting from this present situation,  
I sit,  
Unable to move,  
I sit,  
Unable to break free,  
I sit,  
Absorbing every milestone thrown at me,  
I sit,  
Confused and misled,  
I sit,  
In a world over run by chaos,  
I sit,  
Deprived from my loved ones,  
I sit,  
Regretting my past transgressions,  
I sit,  
As I realize the floor beneath me,  
I STAND!*

## Sleepless

1/27/11

*I can't sleep at night,  
Open minded, mind folded, then shatters into a puzzle,  
Uncertain,  
Where each piece fits, where to begin,  
Or what the finish product looks like,  
To say that the mind is an open book,  
Leaves me with the conclusion that I'm illiterate,  
Mental block or block minded,  
Confused,  
Several thoughts race by before I'm able to process one,  
Where do they go, are they relevant,  
Wait.....  
Eyes close then open, not sleep merely a blink,  
The thought of disappointment enters my mind, yet,  
With so much going on the feeling goes unnoticed,  
Lights out, total silence overcomes the world outside my mind,  
Though inside is raging with a world of chaos,  
Broken ideas, fallen memories, and uncertain beliefs,  
There in lies the foundation of my mind,  
So unstable, it would seem likely to collapse,  
Although unstable, not weak,  
As the pillars of my mind have been constructed and reconstructed,  
Though unable to break free of my inner termoids,  
Ways of coping are on the rise,  
At night the pieces of my puzzlized mind scatter,  
Unsettled is their fate,  
Until the portrait of my thoughts are revealed,  
The idea of rest I must allow to dominate.*

## Distant Love

2/5/11

*Engaged souls,  
Caves in and folds,  
It's rise bold,  
It's demise untold,  
The love that was shared,  
So complex and rare,  
Yet you didn't care,  
So my hearts in despair,  
Now we've grown apart,  
You failed to finish what you helped start,  
Though I tried to restart,  
This quiet beatless heart,  
We only found out,  
That for so long without,  
The love of a spouse,  
The heart will have doubts,  
Though my heart still loves you,  
My mind is now above you,  
Not willing to go through,  
The same pain I went through,  
With you, I just didn't know,  
If you wanted to stay or wanted me to go,  
Cause what you said was not what you showed,  
Together is what you say, yet apart is how we grow.*

Let You Go

2/12/11

*My heart was for you,  
I craved for your's too,  
Till death and beyond,  
For this idea I was fond,  
We got caught in the moment,  
Why couldn't we own it,  
But that instant did not last,  
Now you're part of my past,  
Time took it's toll,  
Like a knife through my soul,  
My love is still there,  
Though we are not a pair,  
But I've been hurt to many times,  
To still believe in your lies,  
It kills me to know what we could have been,  
So I need to say good bye for a new love to begin.*

*A Better Tomorrow*

2/13/11

*Disappointed hopes,  
My misery is divulged,  
My life was pain soaked,  
So in my thoughts I had indulged,  
Life has so many pleasures,  
To which I'm unaware,  
Suffering is easily measured,  
So happiness is rather rare,  
A product of my environment,  
Though my decisions were my own,  
The pain I caused was never meant,  
Still my family is now alone,  
As I look back at all that I've done,  
I see a reflection of who I am,  
I never could have pictured who I have become,  
Deciding to make a change, because my future's in my hands.*

Grandma

2/20/11

*You were there for me,  
When the rest of the world left me,  
The time I spent at your house felt anything but alone,  
Every second there I felt like I was home,  
The things you have done for me I will never forget,  
The time I've spent with you I will never regret,  
You worked so hard to get me everything imaginable,  
To picture my life without you is unfathomable,  
Every minute I'm away from you,  
Kills me cause I'm not there to help you through,  
You've been a loving grandmother since the day I was born,  
The coldest days in my life you were there to keep me warm,  
I love and appreciate you more than you know,  
I just hope in the time we shared, through my actions I let these feelings show.*

Time

2/22/11

*Time is a distance that can't be avoided,  
My future is a time yet to be exploited,  
Uncertain of it's themes, I pray for an easy path,  
Hoping to avoid the struggles of my future's wrath,  
Distant in my thoughts I can't conceive where I am,  
This road that I've traveled was surely not planned,  
So my thoughts congregate into rythemless schemes,  
Plotting tomorrow when today is unseen,  
So I've released me from my inner-self,  
Allowing redemption for what my hands have dealt,  
Hoping for a change with each moments passing,  
For remaining the same will keep my pain lasting.*

## Division

6/4/11

One of you,  
One of me,  
You cheated, had a child,  
And now there's three,  
One bad decision,  
Plus a lifetime of regret,  
Adds up to a pain,  
From a broke heart now in debt,  
If you subtract all the lies,  
And divide all the tears,  
This area in my life,  
Would no longer appear,  
The square root of my pain,  
Is greater than that of my heart,  
It's a fraction of love left,  
That has not split us apart,  
Our common denominator is uneven,  
So this love cannot multiply,  
Our chances are looking slimmer,  
With each and every tear I cry,  
If you calculate all these factors,  
The sum is clear to see,  
The solution to this problem equals,  
You minus me.



Poisoned Love

4/12/12

*Strong sensational feelings,  
Words cannot describe,  
Like a new high,  
No understanding the first rush,  
Unsure of it's strength,  
Or it's true grasp on my heart,  
Anticipating it's strike,  
Though it hits when least expected,  
It's an ecstatic feeling, comprimised,  
Only by it's family of unbearable pain,  
The endeavors of it's power,  
Hold different truths to all whom it ambushes,  
Like a snake in the grass,  
It's venomous bite poisons the heart,  
And weakens the knees,  
Yet even after the venom is extracted,  
The scars from the fangs still remain.*

## Love Lost

5/5/12

*Like a knife through my heart,  
She said goodbye,  
No action for this reaction,  
So I'm confused to why,  
Hail storms in my brain,  
Brain storming on past transgressions,  
No justifiable reason,  
For my heart's deep depression,  
Set aside was our forever,  
To end this boundless romance,  
Once never ending,  
Now never lasting loving trance,  
So sudden was the decision,  
To destroy perfection,  
Eyes cloaked elevated heart descending,  
To realize this portrait of deception,  
With no respect for my will,  
She leaves a hole in an already incomplete man,  
Deceived by her passionless love,  
Now the ideals of love,  
I can no longer stand.*

## Dial Tone

8/13/12

*I pick up the phone,*

*To hear the lonely sounds of the dial tone,*

*Ready and willing to dial your number,*

*Though now my mind is left in slumber,*

*A barrage of questions creep into my thoughts,*

*What to say,*

*What to ask,*

*Will you even pick up or will this attempt be lost,*

*If you could just for one second comprehend what I feel,*

*Then maybe with this call you'd allow my heart to heal,*

*To be honest I'm confused to why my heart desires you,*

*You've caused nothing but pain and destroyed all that I hold true,*

*I wish that I could say I'm done and really mean it,*

*But when my mind lies my heart knows it doesn't mean this,*

*Even realizing this unfit relationship,*

*My heart craves for what makes my mind sick,*

*I know my heart loves you I can feel it in my bones,*

*That's why I'm stuck sitting here listening to the lonely sounds of the dial tone.*

*Lovely Pain*

9/15/12

*This lovely pain,  
My heart can't explain,  
Running through my veins,  
Abolishing what love has stained,  
This dreadful joy,  
Conceals my heart's decoy,  
Waiting for pain to destroy,  
All that love has deployed,  
My whole life I've chased,  
A truth I could not face,  
For love is just a taste,  
An appetizer to the dish of hate,  
Yet love is so demanding,  
With little understanding,  
So pain follows while commanding,  
Yet never shows up standing,  
I just hope before I die,  
I'll find the reason why,  
The only time I cry,  
Is when this pain says good-bye.*

Young

1/17/13

*At a young age, I chose a life of crime,  
Never understanding, the struggles of doing time,  
Every road I took, seemed the one less travelled,  
Forgetting about my conscience or how it all unravelled,  
Persuading paragraphs told through many faces,  
Choosing not to listen has brought me to lonely places,  
I've hampered my movements by direct mislaps in judgment,  
A montage of every mistake, that stinch is oh so pungent,  
A mirage of a good tomorrow this idea I truly hanker,  
Investing time in all my consequences,  
Weights me down just like an anchor.*

*Last Day With You*

2/3/13

*If I had one day to live,  
I would spend it holding you,  
Enjoying every moment you give,  
With your beauty as my final view,  
I would tell you how much I care,  
And how I wish we had more time,  
Cause a day is not much to share,  
But spending it with you is all that's on my mind,  
I'd assure you in the end it'll be alright,  
As I cry knowing this is the end,  
Holding you tighter through the night,  
To kiss you one last time as my heart descends,  
So if I had one day to live,  
I would spend it holding you,  
Enjoying every moment you give,  
With your beauty as my final view.*

Because I Love You

2/11/13

*You're always on my mind,  
Because I love you,  
To others my heart is blind,  
Because I love you,  
Time stops when you're around,  
Because I love you,  
My life has turned profound,  
Because I love you,  
I'd gladly die to see you breath,  
Because I love you,  
A world without you I can't conceive,  
Because I love you,  
Impossible does not exist,  
Because I love you,  
I will never be loveless,  
Because I love you,  
Anything you want is yours,  
Because I love you,  
I'll pull out chairs and open doors,  
Because I love you,  
If you hurt I want to know,  
Because I love you,  
If you asked I'd let you go,  
Because I love you,  
My heart will remain true,  
Because I love you.  
There is no limit to what I'd do,  
Because I love you,  
Before I sleep, for you I pray  
Because I love you,  
One day I hope to hear you say,  
Because I love you too.*

Never Met

4/1/13

*The day I never met you,  
I never looked into your eyes,  
I never felt a love so true,  
I never saw you cry,  
I never realized such true beauty,  
And never hurt you so many times,  
You never meant so much to me,  
I never had you on my mind,  
We never laughed and smiled together,  
I never had memories filled with you,  
Our love was never severed,  
I never had you to lose,  
So since we never met,  
Our future was never revealed,  
And since you never left,  
My heart could never heal.*



## Reflection

4/3/13

*Standing there looking, I can see into your eyes,  
Knowing you like you know me I can read right through your lies,  
Pardon the misconception but this life we both now share,  
I'm sorry I dragged you down with me but you never said you cared,  
I wonder all the time, if you cautioned would I have payed attention,  
Would I have stopped for a second and thought about my intentions,  
Still silent, you were partner to all that I have done,  
Though the fault is not on you for what we've both become,  
If I could make a difference we would both be better off,  
But to the never changing past any attempt would now be lost,  
Confused to why I look at you and feel pity for myself,  
Only playing the hands of life that this life has dealt,  
Now stuck in a place that we don't want to be,  
So I answer to my reflection for what's become of me.*

## Exhausting Task

4/10/13

*I lie awake, sleep deprived at night,  
As my exhaustion and thoughts once again fight,  
I pray for sleep and strength through this plight,  
But my past flashes by my eyes like a firey light,  
I toss, I turn, and run through the what if's,  
Yet awake in my bed is where I still sit,  
Knowing in my heart, me and this life don't fit,  
I struggle to sleep because my thoughts won't submit,  
I lie awake asking how this could be,  
My body's trying to rest, yet stopping it is me,  
Pleading with my thoughts, surrender, retreat,  
With the bellowing answer of "NOT TILL I'M FREE",  
I open my eyes to realize hours have passed,  
Wondering how long this battle will last,  
Receiving more questions with each one I ask,  
I lay in my bed, with sleep's impossible task,*

## Outside

4/10/13

*Metal bars, gates, bricks, and razor wire,  
As I look out the window it's freedom I desire,  
I look out and watch night turn to day,  
Thinking if I was free would I view life this way,  
Was the world outside as vibrant then as it is now,  
Or has being excluded made it transform somehow,  
Will my thirst for it's complexity remain when I'm free,  
Or will it fade and become just plain to me,  
I can only imagine, never forgetting this urge,  
Waiting for freedom and me to merge,  
I slightly remember a taste of those days,  
Though I took them for granted in so many ways,  
Oddly enough it's the simple things I truly miss,  
With those memories come smiles that no longer exist,  
So sitting in exile I can only conclude,  
A life without freedom I wish I never pursued.*

Me

5/15/13

*Looking around the room all I see misery,  
Pain soaked faces seem all so familiar to me,  
Eyes engulf in tears full of hope,  
Praying for the delivery of a better way to cope,  
Stories of the past show painful similarities,  
A blurred vision of happiness with no chance of clarity,  
This build up of chaos burdens us all evenly,  
Like the pounding of waves from all seven deadly seas,  
Each day imprisoned is one that will never return,  
Lost to the ashes of time like a photo that burns,  
Thoughts of beautiful memories stripped from the face of their hours,  
Days of undeniable freedom, when freedom was undeniably ours,  
So I look around the room and all I see is misery,  
In a room full of mirrors as my eyes look back and back at me.*

## Moments Lost

*In the depths of my mind I search,  
Far inside where my demons lurk,  
I begin to see the moment I chose my fate,  
As the world around me begins to evaporate,  
Until I am no longer here,  
Now trapped in my head and overwhelmed with fear,  
Have I finally lost my mind,  
Or have I found it for the first time,  
As I slip deeper into the darkness,  
I realize I've gone to far,  
My thoughts are now in pieces,  
And my soul is full of scars,  
As I fight to not bare witness,  
To a past I've lived before,  
My mistakes scream and claw at me,  
This demon won't be ignored,  
I swing my fist and yell, I know what happens next,  
Heart break, loss, and pain, I don't need to see the rest,  
I try to calm this feeling, The restless thoughts of my mistakes,  
At war with my past again, this shackle will not break,  
I've ventured to far this time, There is no clean escape,  
Even if I find my way, A part of I could not take,  
I take a look around, To see what's left to confine,  
I finally find the key to the shackles,  
And leave all regret behind.*

Looking Back

9/10/13

*If I,*

*One day, look back on my life,*

*Could I truly say, I know I did things right,*

*Would everything that was sacrificed be worth it in the end,*

*Or would I think when I had the chance I should have made amends,*

*Would I regret the moments I chose to stay the same,*

*Will I be imprisoned, alone, worse off ashamed,*

*When I wake up in the morning, could I even stand my own reflection,*

*Would I even be alive,*

*Or would the consequences of my actions kill me off like an infection,*

*Would I believe I did my best with the odds that were stacked,*

*Or would I sit here like right now and wish I could go back,*

*Sitting here with these thoughts of change,*

*My freedom I'm left without,*

*Underneath these bricks and bars,*

*With only my past to think about.*