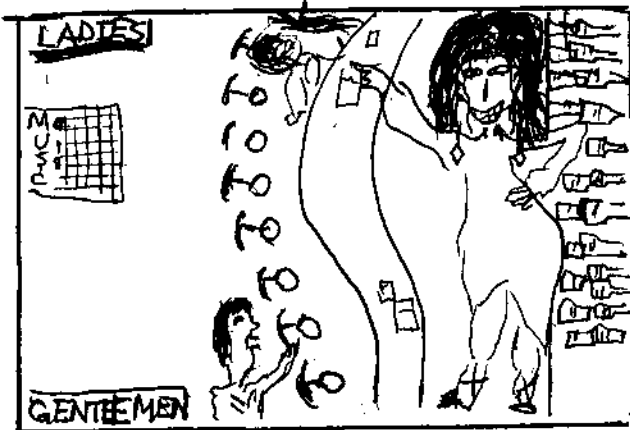


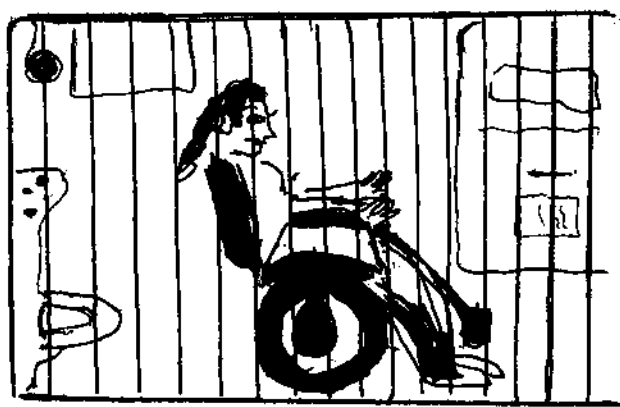
Poetry  
Lyrics  
Prose  
Raps  
Songs

# FONDLY ENDANGERED

WINTER EDITION 2013



FREE POLITICAL  
PRISONER  
YAQIN NEDAB  
#  
SCI-GRATERFORD, BOX 244



FREE POLITICAL  
PRISONER  
AMIN SHABAZZ  
(ROBERT YOUNG)  
#  
SCI GRATERFORD, BOX 244  
MS LORETTA MYERS, 1957 W.  
ROWAN ST., PHILA., PA 19140

FREE POLITICAL  
PRISONER  
MICHAEL FORREST  
#AM3549  
SCI-FORREST, 236  
WOODLAND DRIVE  
BOX 945  
MARIENVILLE, PA 16239

"FREE ALL POLITICAL PRISONERS"

BY MICHAEL FORREST

FONDLY ENDANGERED WINTER EDITION 2013  
SPRING, SUMMER AND FALL EDITIONS PUBLISHED  
JULY, AUGUST, SEPTEMBER 2013, NOVEMBER  
BY PRISON'S FOUNDATION.ORG, DENNIS SOBIN  
BOX 58043, WASHINGTON DC 20037

RESTORATIVE JUSTICE THROUGH ART-TEL: # 202-393-1511  
UNITED STATES OF AMERICA

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FOR AUTHOR MICHAEL FORREST

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MICHAEL FORREST #AM-3549  
236 WOODLAND DRIVE  
BOX 945  
MARIENVILLE, PA 16239

USA

FONDLY ENDANGERED 2013  
BY MICHAEL FORREST

PARTISAN ACADEMY / SOCIETY OF GLOBAL  
CITIZENS VERSUS GLOBAL CORPORATE  
COLONIZATION

RAPPERS SUN UP TO SUNSET INTERNATIONAL  
SHOWDOWN

MALICIOUS PROSECUTIONS INCORPORATED

FONDLY ENDANGERED      SPRING EDITION 2013

FONDLY ENDANGERED      SUMMER EDITION 2013

FONDLY ENDANGERED      FALL EDITION 2013

FONDLY ENDANGERED      WINTER EDITION 2013

W \_\_\_\_\_ W  
COMING SOON

- \* FROM TORTURE TO TECHNICIANS IN LAW
- \* SAINT OR ASSASSIN
- \* WHY LAW STUDENTS SUFFER JUDICATE MENTACIDE
- \* RACIST IN A TEST TUBE
- \* VICTORY MEANS FOREVER


MICHAEL FORREST # AM-3549  
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MICHAEL FORREST

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MICHAEL FORREST

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WINTRY LIBERTY SCREAMS

MICHAEL FORREST

the window of winter sun cracked dark skyways  
through americas dawn  
disapating melody of twilight love moonrays  
in stretch of a new seasons yawn  
ho hum  
rhythmic vibrations  
to conundrums  
breaking humanity from chains to liberation  
Knocking down locked doors  
for a peoples emancipation  
from emotional bondage  
psychological peonage  
myths from proof  
lies from truth  
free your mind  
from false mentors and masked monsters  
from all forms of confines  
and imposters  
lurking you via gallows of slaughter  
flirting a lure of torture  
escape from your prison  
for lifes' true entry  
on a stage without a cage  
invokes new thriving energy  
in freedoms rage  
in a flush of a wintry stream  
careening a wild river thrusting  
liberty screams!

SUPPORT FOR FREEDOM HAIG FOR AMIN SHABAZZ

MICHAEL FORREST

i am a witness of negligence and manufactured malvolence  
 by a nefarious legal injustice system  
 maliciously prosecuting an innocent man without evidence  
 where the facts will invalidate his conviction  
 covered up and concealed  
 by falsification of multiple identification documents  
 obliterated appeals  
 without bail on his own recognizance  
 amin shabazz a/k/a Robert Young  
 a living legend among  
 hundreds of thousands of prisoners in a stock pit  
 traffic in human flesh market for profit  
 hes been given a life sentence  
 corporate execs  
 will never mention  
 the hundred thousand per year they collect  
 at the expense of tax payers  
 unlawful debt  
 in a monopoly  
 classified as state property  
 of a man who won as champ  
 in many contending arenas  
 transferred to many camps  
 developing capacity to character plethora  
 of poet, diplomat, community builder and teacher  
 organizer, trend setter, warrior, political scientist, leader  
 ➔ let us show support for freedom haig  
 for robert young - amin shabazz. (see next page)



Amin Shabazz Legal Defense Fund.

\*\*\*

Dear Family/Friends: Supporters,

After 33½ years of fighting for my freedom, I now turn to you in trust and faith. Being young, just 20 years old when I was wrongfully convicted of a crime I had nothing to do with, now 53 I'm still fighting to regain my freedom. March 4, 1981, I was arrested and charged with robbery and murder, my only wrong was that I was Black and poor.

\*\*\*

After being arrested I was brought before a preliminary hearing with no witness to testify they witness Amin Shabazz shoot anyone nor was there any evidence provided to prove I robbed anyone. Even without witnesses and the absent of evidence against me, the preliminary hearing judge refused to dismiss these charges according to the law, which states, "that the Commonwealth must provide facts and evidence to prove it case, if not all charges must be dismissed". However, this did not happen. After preliminary hearing I was rushed into a trial court, seeing the court appointed lawyer provided once and that was at jury selection which took no more the one hour to pick. The following day I was forced to start trial with an unprepared lawyer that the judge had full knowledge was unprepared. Attempting to make the judge aware that the lawyer and I had never talked, that he never came to the county jail to interview me, this attempt was ignored and the judge ordered my trial to begin. What the judge, the lawyer and district attorney all knew was that Amin Shabazz was facing the death penalty, that if I was found guilty my sentence would be a death sentence. It was at the penalty phase that shed a ray of truth, after being found guilty, the court knew that they didn't have no witness or evidence that would support the death penalty, so I was given a Life sentence.

\*\*\*

Poorly represented by two other court appointed lawyers, which neither of them raise the [facts] that (1) there was no eye witness that testified in court that they witness, Amin Shabazz shoot and kill anyone, (2) that the Commonwealth never provided proof that Amin Shabazz robbed anyone. What can be proven is Amin Shabazz was wrongfully convicted, that the justice he received is what is called "Mockery of Justice". As a result of this I have spent the last pass 33½ years behind prison walls in a small concrete cell, separated from my Family and Community.

\*\*\*

On October 29, 2013, I will be moving to retain a private lawyer, and I'm now seeking your financial support. Great trust and faith I place in your hands. Blessed is the man who in time of darkness is provided light from out of the love of his family and friends. And happy is the man whose family and friends through support, unlock locked doors for him.

\*\*\*

I thank you all in advance, and need you to know that there is no words that can describe my sense of appreciation. My freedom is in your hands.

Please forward support to:

Ms. Loretta Myers  
1957 W. Rowan St.  
Phila. Pa. 19140

#215- 455-2267

Asha.

MICHAEL FORREST

## ELECTRONIC SCI FI SPIES

NEO-GEO-POLITICAL PROFIT NETWORK

GUARDIANS OF GLOBAL HI TECH ENTERPRISE

MICHAEL FORREST

through satellite by 1980, n.a.s.a. and n.s. agency,  
the president of the united states secret service  
at the touch of a button

had 24 hour access to every square inch of world surface

today every fusion center

every watch dog prison industrial complex  
can access global citizens

via transnational and i.i.i. (interstate id. index)

crime information centers commercialize

human lives

as targets

in an international slave traffic market

developing bogus c.h.s.b. (criminal history system  
boards)

while facial recognition technology  
is in accord

with dna psychology

women refuse to report invasion of privacy  
and sci fi rape anymore

due to legitimacy of stock market piracy

g.p.s. global positioning system breeding whores

via computer chips

there are no locked doors

built into autos, under ware, computers ships

CONT

ELECTRONIC SCI FI SPIES - NEO - GEO - POLITICAL PROFIT  
NETWORK GUARDIANS OF GLOBAL HI TECH ENTERPRISES) CONT

MICHAEL FORREST

mainframed  
 to entertain  
 global investor parvenus  
 via portable world wide brokers  
 exhibiting diversified portfolios  
 as in a game of poker  
 players constantly bidding  
 over the secrets of the flesh  
 in a human traffic game counterfeiting  
 human facial identities  
 with every libido gymnastic  
 webcammed  
 like magic  
 in casts of every psycho sexual  
 performance  
 manipulated at any consensual  
 warrant  
 at a price affordable  
 through a bionic neutral eye  
 portable  
 "fully alive",  
 as you go to check via your pc hard drive  
 booking acts full view  
 looking at you.

SO I DO NOT SEE A STRANGER IN THE MIRROR

how is it that you can continue  
 to do the work that you do  
 surviving over 35 years  
 in dungeons  
 tortured without fears  
 without succumbing  
 without walking in anothers shadow  
 without needing another  
 to validate who you are from the shallow,  
 discover  
 via dna you do not have a biological  
 daughter  
 yet do not denounce immunity from psychological  
 torture  
 go out on a limb to preclude burden to others lives  
 in a quagmire  
 doing what you had to do to survive  
 under a criminal amerikkkan empire  
 ripped off for hundreds of thousands  
 by your own family and attorneys  
 and remain galliant  
 on life's charading journey  
 refusing to whine and wander  
 refusing medals of honor ??????????  
 so i can revisit my major "interior"  
 so i do not see a stranger in the mirror,

## AMERICAN LEGITIMACY

THE ULTIMATE GLOBAL ENTERPRISE OF CRIMINALS  
IN DISGUISE

MICHAEL FORREST

89½ percent of all american citizens  
 are miseducated to believe  
 they delegate a legitimate world power  
 10½ percent are the puppeteers who deceive  
 through educational curriculums of inclusions  
 that exclude a language of indoctrination  
 under pretext of departmentalization  
 false propoganda of a democracy  
 via censored official news networks monopolies  
 financed by the corporate elite to merchant dreams  
 to influence popular united states thought  
 to radar screen  
 the ec european community bought  
 as the predominant means of covenant  
 to cover up international drug trade  
 by concealing transnational government  
 bureacracy  
 are one and the same quadruplet-speak phylosophy  
 using the legitimate offices, schools, media  
 courtrooms, congress, criminal protocol encyclopedias  
 to extort tax payers with illegitimate threats,  
 reduce global citizens to peonage  
 collecting pay and unlawful debt  
 under capitalist disguised  
 american criminal enterprise,

## CORPORATE BRIBED CLERKS, JUDGES & ATTORNEYS DISINFRANCHISE TORTURED LITIGANT JOURNEYS

MICHAEL FORREST

once you have read malicious prosecutions incorporated and summer edition of fondly endangered integrated you will fully understand how a federal court clerk marcia m. waldron continues to be a flunky for federal court judges to deny litigant work reject a major r.i.c.o. action like a street junky never rejects the next fix

how attorneys mari bonthuis, david l. Kornblau, Eric hellerman-covington and burling llp click are bribed and financed by corporations to reject merit and irrefutable evidence in a tortured disabled case yet, as you've witnessed their signatures in a law suit in fondly endangered traced

under pretext of protecting mentally handicap rights with well known a.c.l.u. and renegade attorneys while pennsylvania innocence project's plight is not to protect the rights of the innocent marissa boyers bluestine - a psuedo inspector has repeatedly rejected irrefutable infringements of michael forrest as legal director of the projects contingent

properly recommended by point breeze university bill moushey, where innocent project funds were exhausted the warden of sci forest prison, daniel p. burns

arsted after assigning mn forrest a psychologist confirms corporate bribed clerks, judges and attorneys disinfranchise tortured litigant journeys.

MAJOR R.I.C.O. (RACKETEER INFLUENCE & CORRUPT ORGANIZATION) ACTION DISMISSED BY CLERK IN CONSPIRACY WITH JUDGES - OVER 275 EXHIBITS

UNITED STATES COURT OF APPEALS FOR THE THIRD CIRCUIT

12-3939

Michael Forrest v. Nedab, et al

974442, Assigned: 2-11-cv-07773

ORDER

Pursuant to Fed. R. App. P. 3(a) and 3rd Cir. LAR 3.3 and Misc. 107.1(a), it is

ORDERED that the above-captioned case is hereby dismissed for failure to timely prosecute insofar as appellant failed to pay the requisite fee as directed. It is

FURTHER ORDERED that a certified copy of this order be issued in lieu of a formal mandate.

For the Court,

*Marcia M. Waldron*

Marcia M. Waldron, Clerk

Date: 6/19/2013



A True Copy

*Marcia M. Waldron*

Marcia M. Waldron, Clerk

Certified order issued in lieu of mandate.

cc: Mr. Michael Forrest

FONDLY ENDANGERED WINTER EDITION 2013  
MICHAEL FORREST

**COVINGTON & BURLING LLP**

BEIJING BRUSSELS LONDON NEW YORK  
SAN DIEGO SAN FRANCISCO SEOUL  
SHANGHAI SILICON VALLEY WASHINGTON

DAVID L. KORNBLAU  
THE NEW YORK TIMES BUILDING  
620 EIGHTH AVENUE  
NEW YORK, NY 10018-1405  
T 212.841.1084  
dkornblau@cov.com

September 11, 2013

MICHAEL FORREST

**Legal Mail – Personal & Confidential**

Mr. Michael Forrest  
DC # AM3549  
Housing Unit JG 1010  
SCI-Forest  
PO Box 945  
Marienville, PA 16239

Dear Mr. Forrest:

I have received your letters dated July 29, 2013, August 9, 2013, August 15, 2013, and September 2, 2013, addressed to me and my colleagues Eric Hellerman and Mari Bonthuis.

Unfortunately, we are not able to represent you personally concerning any of the matters discussed in your letters, which I am returning to you with this letter. Please do not send us any more letters.

Very truly yours,



David L. Kornblau

DLK:dh-r

Enclosures





at Temple University  
Beasley School of Law  
1719 North Broad Street  
Philadelphia, PA 19122  
215-204-4255  
[www.innocenceprojectpa.org](http://www.innocenceprojectpa.org)  
[innocenceprojecta@temple.edu](mailto:innocenceprojecta@temple.edu)

Richard C. Glazer  
Executive Director

Marissa Boyers Bluestine  
Legal Director

MICHAEL FORREST

August 27, 2013

Michael Forrest; #AM3549  
SCI Forest  
PO Box 945  
Marienville, PA 162397

Dear Mr. Forrest:

I am writing to respond to your letter to the Pennsylvania Innocence Project. We will not provide the assistance you want. Sending us materials asking us to change our minds is a waste of your time and limited money. That decision will not change. All your documents are being returned.

Sincerely,

Marissa Boyers Bluestine  
Legal Director

Enclosures



POINT PARK UNIVERSITY

Innocence Institute

201 Wood Street Pittsburgh, Pennsylvania 15222

phone 412-765-3164 fax 412-392-0760 www.pointpark.edu/innocence

May 20, 2013

To Whom It May Concern:

It is with great sadness that I inform you that due to financial circumstances, the Innocence Institute of Point Park University has closed its doors.

As a result, we will not be able to offer any services. If you have secured facts and/or forensic evidence that invalidates your conviction, you might want to send the information to:

The Pennsylvania Innocence Project  
1719 N. Broad Street  
Philadelphia, Pa. 19122

Best wishes,

*Bill Moushey*  
Bill Moushey

MICHAEL FORREST

PERIODIC REVIEW APPEAL RESPONSE

TO: INMATE NAME: Forrest INMATE NO: AM3549

HOUSING ASSIGNMENT: JC1012

Date of PRC Review: 6/14/13

DC-ADM 801 / DC-ADM 802 STATUS INVOLVED: DCS / exp. 9/11/13

APPEAL AREAS LISTED BY INMATE AS INVOLVED:

- PROCEDURES CONTRARY TO LAW, DOC DIRECTIVES, REGULATIONS
- FINDINGS OF FACT INSUFFICIENT TO SUPPORT DECISION

SUPERINTENDENTS 2<sup>ND</sup> LEVEL RESPONSE:

- NO VIOLATION OF DC-ADM 801 / DC-ADM 802 HAS BEEN PRESENTED OR SUBSTANTIATED.
- NO RELEVANT INFORMATION HAS BEEN PRESENTED TO WARRANT MODIFICATION OF UNIT MANAGEMENT TEAM DECISION.
- PRC ACTION RESPONSE DATED: \_\_\_\_\_ IS SUSTAINED. NO MODIFICATION WILL BE CONSIDERED AT THE SUPERINTENDENT'S LEVEL OF APPEAL.
- PRC ACTION RESPONSE DATED: 6/14/13 WILL BE MODIFIED AT THE SUPERINTENDENT'S LEVEL OF APPEAL. ACTION MODIFIED (AS FOLLOWS):

*Continue current status. Conduct PRC periodic review every 30 days of continued confinement. Conduct psychological assessments (out of cell) every 30 days of continued confinement. Weekly interaction by cell.*

2<sup>ND</sup> LEVEL APPEAL DISPOSITION:

- APPEAL DENIED
- APPEAL SUSTAINED IN PART / OR ACTION MODIFIED (AS NOTED ABOVE)
- APPEAL SUSTAINED IN WHOLE (OR IN PART).

SUPERINTENDENT'S SIGNATURE: *D.P. Burns* DATE: 6/29/13  
 DANIEL P. BURNS

SCAN COPY: PRC, UNIT MANAGER, MS. SIEGEL, RHU CAPTAIN (IF APPLICABLE), DC-15

MICHAEL FORREST

## JOIN THE LIBERATION CAMPAIGN FOR MICHAEL FORREST

READERS, FAMILY & FRIENDS & ADVOCATES  
THE FOLLOWING THINGS TO DO LIST IS OPEN FOR  
YOUR ADVICE, CRITIQUE & IDEAS

MICHAEL FORREST

1. Search the internet, newspapers, center cities of the United States or telephone directory for Pro Bono and/or Contingent Law Firm/attorneys, and ask them to take a look at Michael Forrest's book Malicious Prosecutions Incorporated @ [www.PrisonFoundation.org](http://www.PrisonFoundation.org). Ask them to take action on his behalf.
2. Start a Face Book Website featuring Michael Forrest books for commercial publication and/or film production to fuel funding for the liberation campaign, and for financing a law firm/attorneys to expedite his freedom; to seek adequate and sufficient health care, to include and not limited to disability outpatient facility to convalesce.
3. Contact Innocence Projects and Programs to show how DNA evidence invalidates malicious prosecution of Michael Forrest.

Join the Liberation Campaign for Michael Forrest  
Readers, Family & Friends & Advocates - The Following  
Things to do List is Open for your Advice  
Critique & Ideas

MICHAEL FORREST

4. Start a Social Global Club for all participants in this campaign, to advocate everyone's interests and protect each member's interest, in a flexible system of support against wrath and backlash.

5. We are going to need a Treasury Committee to collect all donations and royalties from books and/or revenue from film production. Those interested, please send in your name, address and phone number to Michael Forrest #AM3549, 236 WOODLAND DRIVE, BOX 945 MARIENVILLE, PA 16239

6. Let's start a telephone Hot Line as a network to fulfill the extra-sense of being connected, and to target prison authorities, district attorneys, judges, congress, parole agencies and opponents against our union, by tele-conferencing and/chit chat room conferencing - to support all members and our agenda.

7. We will need a meeting place for all volunteers at least twice a week, to update regress, stand still or progress.

LOYALTY

MICHAEL FORREST

under a super power  
the american criminal enterprise  
there has never been a trust voucher  
a psuedo democracy in disguise  
there can never be loyalty  
among spies  
there lives of survival  
is built on lies  
luxury and pleasure  
is always plural  
lost treasures  
loose morals  
crutches of religions  
crash courses of religion collisions  
students taught a grandiose history  
about the white mans rise to power and wealth  
after school life becomes a **mystery**  
citizens compelled to live in stealth  
gravity of reliability icons  
grows beyond family biological bonds  
organized chaos guides  
americans loyalty to criminal enterprise  
unless conflicts and crisis situations impact  
social relations only as good as duration of contracts  
unless all the lies are dispelled via reciprocation morally  
there can be no human loyalty

COMPARTMENTALIZED FACISM

MICHAEL FORREST

when there is forced public defenders  
 on indigent suspects of crime  
 coerced prison counselors  
 under penal policies combined  
 wardens who sanction "out of cell" recordings,  
 monthly evaluations for prisoners with psychologists  
 prisoners without any history of mental disorder  
 or psychiatric illness phase  
 and the prisoner is taken from a cell quarters  
 wheel chaired into strip gaffer cage  
 locked under a divar camera prime  
 where there is no confidentiality or resilience  
 atmosphere not conducive to stability of mind  
 nor reconciling potential mental illness  
 suspects of criminal activity contingent,  
 coerced to plead guilty from taxpayers bankroll  
 despite evidence and facts of innocence  
 counselors who falsify misconducts to control  
 because prisoners refuse to speak  
 where the courts and prison  
 officials are sworn to secrecy calendars  
 there is not law and order constrictions  
 there is no counselor  
 there is no head doctor  
 there are only robots programmed for departmentalized sadism  
 compartmentalized facism

THE ABSOLUTE ECHELON OF POWER

MICHAEL FORREST

where the western peoples' thinking is predominantly  
 segregative  
 eastern folks are more holistically creative  
 while southern thinking is more behind the scenes  
 northern thought plays all ~~extremes~~ → extremes  
 from america to antarctica  
 canada to africa  
 caribbean  
 to the west indian islands  
 the world doesn't move  
 based on how people think  
 attitude determines altitude  
 codes and scientific formulas is the link  
 where one stands  
 is their minimum  
 at some point one reaches their max  
 go slightly past that height  
 then turn back  
 fine tunes ones station in life  
 take this station  
 north, south, west and east  
 for trans-international healthy relations  
 the code for world wide peace  
 this is the ultimate unified mostac  
 to effect the body politic  
 a global constituent voucher  
 the absolute echelon of power



FLEXIBILITY

MICHAEL FORREST

people who are governed  
 by inflexible rules of conduct  
 are smothered  
 by one dimensional life products  
 thinking in a box  
 is like a prisoner is their own mind  
 there can be no equipoise or equinox  
 to the rest of life they're blind  
 to the wonders of different colors and caricature  
 to lightening and thunders of nature  
 to pure pride, pain, tears, struggle and glory  
 appreciation in the arts of different stories  
 pure peace among doves  
 glitter of glow amongst those who love  
 who've broken the chains  
 locked around vision  
 learned to dance away from games  
 and turned their lives to mission  
 to aspire life careers  
 surefire  
 with resilient veneers  
 as defense mechanism to empire  
 that kind of life that invokes joy  
 offensive approach no-one can destroy  
 become the festival  
 celebrate  
 as long as you're flexible  
 you can never be bent out of shape.

ABUSE AND TORTURE COVER UPS BY PSYCHOLOGISTS

after being tortured with chemical agents  
and excessive use of force  
by masked c.e.r.t. attack guards raging,  
blinded in left eye  
exacerbated herniated discs  
at lumbar spine  
sciatica and nerve damage  
brain damage worsening chronic  
grand mal seizures disadvantaged  
six months subsequent to the attack  
i was sent to a mental institution  
under pretext of a correctional facility act  
to be evaluated by sau (special assessment unit)  
who utterly ruled against s.c.i. forest prison staff  
had medical meeting to fine tune it  
reviewed torture video tapes  
and validated disability beyond compare  
eye blindness  
which inferred i was denied disability care  
and treatment for a full year prior  
injured by a contaminated catheter  
upon return to s.c.i. forest staff became chronic liars  
no medical or disability findings existed  
"new warden recommends monthly visits  
"out of cell" sessions in a cage on video tape  
with a psychologist date of fate

MICHAEL FORREST

MICHAEL FORREST

<p>Form DC-135A</p> <p><b>INMATE'S REQUEST TO STAFF MEMBER</b></p>	<p>Commonwealth of Pennsylvania Department of Corrections</p> <p><b>INSTRUCTIONS</b> Complete items number 1-8. If you follow instructions in preparing your request, it can be responded to more promptly and intelligently.</p>
<p>1. To: (Name and Title of Officer) PSYCHOLOGY DEPT, JC 1010</p>	<p>2. Date: September 5, 2013</p>
<p>3. By: (Print Inmate Name and Number) MICHAEL FORREST #A35719</p> <p><i>[Signature]</i> Inmate Signature</p>	<p>4. Counselor's Name Unknown</p> <p>5. Unit Manager's Name Unknown</p>
<p>6. Work Assignment FORCE INDEFINITE SOLITARY CONFINEMENT</p>	<p>7. Housing Assignment JC 1010</p>
<p>8. Subject: State your request completely but briefly. Give details.</p>	
<p>REL ON 6/14/13 PRC ACTION DATED 6/14/13 WAS MODIFIED AT THE SUPERINTENDENT'S LEVEL OF APPEAL. ACTION MODIFIED AS, BUT NOT LIMITED TO AS FOLLOWS:</p>	
<p>PSYCHOLOGICAL ASSESSMENTS (OUT OF CELL) EVERY 30 DAYS OF CONTINUED CONFINEMENT</p>	
<p>DOES THIS RELATE TO PAIN, SUFFERING RESULTING FROM ABUSE AND TORTURE? I DO NOT KNOW WHO THE PSYCHOLOGIST IS NOR WHAT IS THE PURPOSE OF PSYCHOLOGICAL ASSESSMENT THREE MONTHS PAST AND THERE HAS BEEN NO OUT OF CELL INTERVIEW. DOES THIS HAVE ANYTHING TO DO WITH DISABILITY DEPRIVATION? cc file: USAT, DRN, USDC, CCHR, HRC, PA/HRC, DR, DK</p>	
<p>9. Response: (This Section for Staff Response Only)</p>	
<p>I have nothing stating you are to have monthly out of cell sessions. You are not active mental health. If you would like an out of cell session please write me a request stating that you would like an out of cell session and I will schedule one with you.</p>	
<p>To DC-14 CAR only <input type="checkbox"/></p>	<p>To DC-14 CAR and DC-15 IRS <input type="checkbox"/></p>

Staff Member Name Robert Torres | [Signature] | Date 9-12-13  
Print Sign

# B 304 166

MICHAEL FORREST

Form DC-135A <b>INMATE'S REQUEST TO STAFF MEMBER</b> SCI - FOREST	Commonwealth of Pennsylvania Department of Corrections <b>INSTRUCTIONS</b> Complete items number 1-8. If you follow instructions in preparing your request, it can be responded to more promptly and intelligently.
1. To: (Name and Title of Officer) Mrs. Tress, Psychologist	2. Date: Sept 23, 2013
3. By: (Print Inmate Name and Number) MICHAEL FORREST #AM3549 <del>Michael Forrest Jones</del> Inmate Signature	4. Counselor's Name: Unknown 5. Unit Manager's Name: Unknown
6. Work Assignment: FORCE INDEFINITE SOLITARY CONFINEMENT	7. Housing Assignment: JC 1010
8. Subject: State your request completely but briefly. Give details. RE: I REFUSE ALL FUTURE INTERVIEW / SESSIONS UNDER CAMERA AND BEHIND A CAGE I NEED MY ID DOCUMENT SPECIFYING "PSY OUT OF CELL" - THAT CAME FROM ME! RE: ALTERNATIVELY, FUTURE SESSIONS FOR READJUSTMENT OR ACCLIMATION BACK TO SOCIETY I WILL ACCEPT ONLY IN AN OFFICE OR BOARDROOM SETTING, AND/OR DESK WITHOUT BARS, WITHOUT CAGE, WITHOUT CHAINS I NEED MY ID DOCUMENT SPECIFYING "PSY OUT OF CELL" - THAT CAME FROM ME! THE FIRST INTERVIEW / SESSION TODAY, RECOMMENDED BY FORMER FACILITY MANAGER BEHIND A STRIP CAGE UNDER CAMERA WAS DEMEANING, CONDESCENDING, AND NOT CONDUCTIVE FOR STABILITY AND MENTAL HEALTH MAIN TENANCE. VIDEO TAPED SESSIONS / INTERVIEW IS PROHIBITED WHEN THE OCCASION DOES NOT WARRANT IT IN MY CASE	
9. Responses (This Section for Staff Response Only) Because you are in the PHU your sessions will be conducted while you are in a secure environment. Precious of these kind of sessions to inmates.	
To DC-14 CAR only <input type="checkbox"/>	To DC-14 CAR and DC-15 IRS <input type="checkbox"/>

Staff Member Name     P. Tress     ,     [Signature]     Date     9-25-13      
Print Sign

LETTER FROM BABY SISTER, LISA

8/12/13

Hey Big Brother,

Lisa Forrest

HOW ARE YOU? No one has heard from you for a while and I just want to know if you're okay. All is well on this end. I hope to hear from you soon.

Love, Your Sister,  
Lisa

MICHAEL FORREST

RESPONSE

August 21, 2013

MY DEAR BELOVED SISTER, LISA,

Thank you for your letter dated 8/12/13. I am very happy to hear from you! It is strange no-one has heard from me, because I've sent several letters to family and friends regarding published books I've written. Then, again, the courts and several others mentioned they've not heard nor received letters I've written. To bring you up to page and speed check out FREE Malicious Prosecution Incorporated @ Prisons Foundation. or, Don't worry much Lisa. I'm just trying to find a Lawyer or Law Firm to help out. I Love you! ~~YOUR~~ ~~Bro~~

ANOTHER LETTER FROM BABY SISTER, LISA

August 28, 2013

Hellow Big Brother,

I sent your letter to Mr. Baldacci  
at the Wish You Well Foundation  
12359 Sunrise Valley Drive, Suite #360  
Reston, VA 20191 (The address on line)

Also, you should see a surge in downloads  
on your book. I hope that you don't mind  
but I had some people ~~download~~ your book  
to read it. You never know where help  
can come from. I was in tears and  
very emotional the day that I read  
the book. All is well with me and the  
girls. They've read the book also and  
are pretty upset. You'll probably get letters  
from them soon. I just wanted to let  
you know what was going on.

Stay in Touch  
Love your sister  
Lisa

MICHAEL FORREST

RESPONSE TO BABY SISTER, LISA

September 4, 2013

RE: MEMO: INSIDE THE BOOKS ARE SUGGESTIVE INFERENCES OF WHAT FRIENDS, FAMILY & ADVOCATES CAN DO TO HELP

MICHAEL FORREST

My Beloved Baby Sis,

I'm happy to hear from Baby Girl!! Hey, WHO has grown and flexed her professionalism, mother and grandmom hood, and this makes this whole universe smile brighter, and humanity more receptive to more fun and laughter!! Who loves ya babes!?

Good move... retrieving the Wish You Well/Baldacci address and forwarding the mail. I expect a positive and lucrative connection from that.


I am very sorry for the facts and evidence in the book to touch you that way. I would imagine you referring to: Malicious Prosecutions, Inc?... to involk tear and emotion. I Love you Lee, and it was not to my purpose to upset you and the girls. Ty knows I'm like the hefty bags - tough enough to over stuff!!

Lil Lisa know from when we use to write how flexible I am, and as long as I remain flexible I can never be bent out of shape; and as we know, Torie's been here before. Torie knows why her grandmom Breemom Evelyn Forrest named me Michael, after the Archangel Michael in St Jude. Things will work out. I Love all of you and you'll be hearing from me. Hold on! Love, ~~Michael~~ ~~Forrest~~

LETTER FROM MY NIECE, TORIE

...You're a Man whose Spirit cannot be Broken...  
I really hope you get this!!

Hey uncle Mike! Its your niece Torie,

I havnt heard from or seen you in years! I hope all is well, You know I took my Shahada 4 years ago? I'm a Muslimah now! Alhum duliilah (All praises and thanks to Allah), It was the best decision I made in my life!! When I was taking my Shahada it was so moving. Such a spiritual awakening. I almost cried. I have 2 children now. Ibraheem who is 3 and Aaliyah who is 7 going on 8. I'm married and have been for 4 years now, to Ibraheem's father. I'm currently a Registered  Medical Assistant with aspirations of becoming a Registered Nurse. (I am working on that) Yup! A lot has changed during my 26 years of life. But enough about me Unc. Lol! How have you been? What have you been up to? My mom recently shared with me some information regarding your book: "Malicious Prosecutions Incorporated". I read some of it but I had to stop, because it really tore me apart how these pigs could do such destruction to a human being! Its heart breaking to know this happened to my uncle!

MICHAEL FORREST



LETTER FROM MY NIECE, TORIE, CONT

MICHAEL FORREST

You're such a strong man! I pray to Allah that you get Justice! This is just more proof from the literature I read regarding certain events.

You're very brave Uncle Mike. I really admire your strength and courage. They can try to break you, but they cannot break your spirit! When these events occurred, I was young and knew very little. I remember my mom and grandmom (Evelyn) being very upset. I sure do miss my favorite grandmother in the world! Now, I get to read your story. I had to take a minute from reading it because it really upset me, but I'm going to get back to it, Insha Allah (God Willing). Whatever you need, I am here.

I Love you! Stay Strong and leave it with Allah/God!

"He said: I only complain of my grief and sorrow to Allah!"  
... (Quran = Yusuf, Chapter 12 Verse 86)

"And be patient and your patience is not but by (the assistance of) Allah, and grieve not for them, and do not distress yourself at what they plan"  
(Quran: An Nahil, Chapter 16 verse 127)

"And what reason have we that we should not rely on Allah?"  
And He has indeed guided us in our ways; and certainly we should bear with patience, your prosecution of us; and on Allah should the reliant rely.

(Quran: Ibrahim, Chapter 14, Verse 12)

RESPONSE TO TORIE,

September 18, 2013

My Beloved Niece, Torie,

Thank you very much for your letter, so full of energy, encouragement, love, support and reinforcement of my battle instinct that tell me to wage war to overwhelming victory!!

You have accomplished so much to be so young. Moreover, since your mom always told me you've been here before... I really writing to an old soul!! Please give my love to your mom and sisters and family.

I suppose what you refer to as my strength and bravery is fortitude. Well, I had to become what I've needed most of the time.

I'm still in search for a lawyer. Well, you may like some of the other books I've written. See the back of enclosed promotional slips.

I've also been searching for commercial publishers and film producers?

I sent your mom some info. you may want to take a look at, regarding a settlement pitch/offer. Now that we are intouch, I'll be updating you and family. We will win! We Are One!

I LOVE YOU TOO!

~~Wah Wah~~

MICHAEL FORREST

FAMILY

MICHAEL FORREST

that kind of love  
 gives you a jones like drugs  
 those kinds of nieces  
 that love you to pieces  
 those kinds of sisters  
 who tease about your whiskers  
 mikey, mikey, mikey finny ginny  
 him got whiskers on his chinny, chinny  
 those kinds of nephews  
 like heros who rescue  
 those kinds of brothers  
 who make you fight them but always look out for one another  
 aunts are symbols of protection and power  
 makes you want to take them donuts, chocolates flowers  
 uncles are like books of guidance and messengers  
 telling family stories and folklore like professors  
 cousins are replicas of the baobab (family tree)  
 who show the good fruit, the bad and the free  
 moms are the fountains of love, joy, sweetness and passion  
 the very first institution of knowledge in all shapes, forms fashions  
 dads and moms are the manufacturers, hunters who acquiesce  
 with all the trimmings of the family feast  
 grandmoms are the essence  
 of the family epics  
 grandpops are like unspoken priests, ministers and reverends  
 they are the epitome of the family legend  
 its an academy  
 family

FRIENDS

once upon a time in the united states  
 the only difference in strangers and friends  
 was the pleasure  
 of getting to know one another  
 in today's social times  
 its tests, trials and tribulations  
 that determines the fine  
 tune of relations  
 do they come around  
 when the chips are down  
 do you go the distance?  
 with your friend in danger?  
 do you listen?  
 or do you act like a stranger?  
 does it make a difference  
 whether your friend is white or black?  
 is it a hindrance  
 whether either one of us is targeted with wrath?  
 or do we merge two heads as one  
 two bodies for action  
 can over rule any obstacles among  
 dangers attraction?  
 i don't care if your from villanova, temple, africa or alcatraz  
 i'll be there for you for our bond to last  
 if you can look at us now, for the future - lessoned by our past  
 then you'll know me til the end  
 that we are friends

ADVOCATES

whether its a fight  
for social, human or civil rights  
whether its a violation  
of intelligence, homeland security or immigration  
whether its claims, interest or property  
privacy, taxes, international war crimes  
corporate monopolies  
or grave yard shrines  
creates demand for support system  
a network for mission  
dedicated people working together  
as a family  
for what life is worth as a measure  
for recovery from demagoguery for amnesty  
from infringement by deception  
from brainwashing and mentacide  
illicit collection  
mass genocide  
we, kodac - know who you are  
soon you will meet avatar  
eternal mavericks  
mortal advocates

MICHAEL FORREST

YAQIN NEDAB

has been burried alive and restricted  
 in the dungeons of capitalist amerikkka  
 accused and convicted  
 for crimes a co-defendants admitted to  
 as a result of racial politics missions  
 has been gone for over thirty five (35) years  
 political decisions  
 of depriving the community of philadelphia  
 of a young man in his teens  
 now a gentleman in his late forties (40s)  
 a person who has protected dreams,  
 his neighborhood  
 with such dedication  
 that raised the eye brows  
 of police and social relations  
 organizing folks to vote with ambition  
 against rogue judges, congress persons  
 and politicians  
 who pimped from their constituency  
 chased child molesters and human traffickers  
 out of the community legitimacy  
 then, framed for crimes  
 that showed political servants illegal,  
 were not doing their job according to law guides  
 he is an unsung hero for the people  
 let us campaign for the no stoppin poppin key pact  
 for yaqin nedab