

A SPIRITUAL POEM BOOK.

I am doing 25 to life in prison for petty theft under the three strikes law. I have about 19 years in now and my Board of Prison Terms date is in (2018), I should not have a problem getting out, I have hurt no one and have only committed petty crimes for over 30 years.

I do not profess to be a poet, I've had no training in the art's, I enjoy writing them and expressing myself through my poetry, I have in fact been locked in prisons for more than half my life and some of my works will reflect this, other works will reflect who I am now and who I want to be.

I have 1-book already out, if you would like to see it, please go to [WWW.PrisonsFoundation.org](http://WWW.PrisonsFoundation.org), search Author:Cory Runge, Title "Prayer Poems and Psalms from Prison".

Two Books to look for in the near future are 1.Acrostic & FreeForm Poem Book, 2.A Book Concerning the Addiction of Crack Cocaine, it is a very informative book about my addiction to crack cocaine. Both Books will be added to the above web site soon.

Salinas Valley State Prison  
Cory Runge #P-04047  
Unit D-3 / 224  
P.O. Box 1050  
Soledad, Calif 93960-1050

**Title: A Spiritual Poem Book**

Date: 10/26/14.

## DEDICATION

This Spiritual Poem book is lovingly dedicated to my Big Sister and Brother in law, "Otto and Redonna Noriega", they have unselfishly shared their love and strength with me during my times of need. I could ask for no better blessing than my Big Sister and Brother in law, they are the most beautiful, loving, people I know and they are in my prayers until eternity! Thank you Otto & Redonna, I love you!!

## ACKNOWLEDGMENT

I acknowledgment my love for my Higher Power, Christ Jesus, who has not only shared His Love with me but His Life also! He was not afraid to reach out and touch me, a dirty drug addict, when I turned towards Him He was still there waiting for me. Although I turned from Him, he did not turn from me! More than 40 years of troubles, prisons, depression, anxiety, stress, and a whole lot of physical and mental torture, Christ Jesus has always been there.

I thank God for Christ Jesus, I thank and worship Christ Jesus for giving His life for me [the] sinner and allowing me to have such a beautiful, wonderful, Brother and Sister such as Otto & Redonna Noriega as my family!

Amen.

## CONTENTS

<b>Page</b>	<b>Page</b>
1>. Cover/Title Page	21>. Paid
2>. Dedication/Acknowledgement	22>. The Road
3>. Contents	23>. Showing
4>. Could of / Fighting	24>. Truth and Right
5>. Beginner / Just Began	25>. Wonderful Days
6>. See You	26>. Finders Keepers
7>. Winner	27>. Don't Wait
8>. His Due	28>. Bringing
9>. The Cut	29>. Time
10>. Blinded	30>. True "God" Send
11>. Why	31>. Night And Day
12>. Surely Won	32>. Wonderful Love
13>. Perfect Dove	33>. Dear Lord "Jesus" <u>song</u>
14>. Shout	34>. =Loving Song=/Un Bounded Love
15>. You Have Won	35>. Bursting
16>. For You & Me	36>. He & Me
17>. Heavens Above	37>. Think About it
18>. Never Part	38>. Who Knows
19>. Changes	39>. Every Time/Every Way, /The Hearts Core
20>. My Knees	40>. Page By Page

### COULD OF

G ood are the thoughts, my heart wishes to share  
O f all the wrongs I have done, I still do care  
D angers and snares have come and past, like the wind  
S ins are forgiven, Thank Heaven for the "God" send

T rusting in Words written many many years before  
R eaching up through the fog to knock on Heavens door  
U nity and Love will guide us closer to the Truth  
T imeless Eternity is at hand, don't worry about your youth  
H eaven is where we all wish and Pray to dwell

I gnorance and Hate will only lead you to the depths of Hell  
S now white will be the common color of our dress

P ure Loving Kindness will be Shared with us the Blessed  
U rgent Prayers are needed for our support and Strength  
R emembering the Words and Works, Offering Praise and Thanks  
E vil will run and flee, no more Turmoil or Pain

L ove, Happiness, Fellowship, Gentleness, these we will gain  
O ften we will see the very Bad and the Lonely and the Sad  
V ictory through "Jesus" will warm our hearts and make us Glad  
E ternal Life we have, and the others could of had.

### FIGHTING

G ood and Bad, Happy and Sad, our minds go round and round  
O the Love of "Jesus" enters our heart, there it will abound  
D id you find "Jesus" when the Word reached your ears  
S trength and Love ended all of my worries and cares

L oving Kindness came to you and I through His Grace  
O ften you feel this when you feel Evil-to-Good change place  
V ictory is ours, "Jesus" gave us freely His Great Love  
I nto Heaven from this earth, my soaring heart shot above  
N othing can Harm us, nothing will be out of place or wrong  
G reat voices from Heaven, Angels singing their songs

G reat is "God" for showing us sinners the True way  
R aised from Death to Life "Jesus" had already paid  
A nother chance for us sinners to make our wrongs right  
C hanging from Bad to Good, Following the True Light  
E nding the Turmoil and for Eternal Life we will Fight.

## THE BEGINNER

J ust the peaceful quiet of a dark and lovely, early rising day  
E ternal Life, I give my Thanks to "God" and I Pray  
S uch Loving Kindness fills my Soul and my Heart  
U nhappiness, Turmoil, Pain, Strife, these human things do part  
S ubmission to "Gods" will, gives me Strength and Goodwill

S in flee's and with love, Kindness, Happiness my heart does fill  
A nger and hate and Jealousy have no place with me anymore  
V ictory with "Jesus" is now rooted in my hearts core  
E ternal Life is now offered to me, the terrible sinner  
S aving Grace surrounds me, in a life for "Jesus" I am a Beginner

## JUST BEGAN

F aith, Worship and Prayer will guide us to Truth  
A nger, Hate and deceit will steal our youth  
T ogether in Fellowship we bond with our Savior  
H ealth, Love and Kindness we receive, "Jesus" is our cure  
E ternal Life is what we seek and Pray for  
R ighteousness and Glory we find if only we open "Gods" door

S in no longer has a hold on neither you nor I  
O n the feet of "Jesus" I Pray some day I might cry  
N ew Life new Love, just when we thought we had to die

S piritual awakening dawns as an early morning sky  
P raise be to "Jesus" my Saviors Love I have Won  
I n my Savior "Jesus" I commit myself, He is "Gods" Son  
R ight and truth now live in my heart, until this worlds end  
I Love and Thank You "Jesus" for Your Grace and Love send  
T omorrow will dawn new, my new Life just Began.

SEE YOU

Hearts are hardened and sins have not yet  
been fully paid  
"God" awaits your Prayers, He has been very  
patient all these days  
If you do not ask for forgiveness and truly  
mean it in your heart  
Think of the new life you could of had, now  
it will never start  
I've been Saved, "God" is True, I know this  
in my heart  
He took my sins away and has shown me a new  
Everlasting Life  
He has ended all my Pains and Troubles and  
also my Strife  
Now my heart is in Heaven and I feel as a  
Child with new toys  
From "God" I receive Kindness, Love, Giving  
and a tremendous Joy  
Pray to "God" and these Gifts of Grace will  
also be given to you  
And I'll see you in Heaven and all our good  
Believing friends too.

## WINNER

The past is over and everything has been  
said and done  
All the trials and problems, and all the  
Pain is past  
I turn to the Bible, the word "Jesus" and  
His Love I have won  
The Love of "God" so powerful it lasts  
and lasts  
The sins forgiven and with bad thoughts and  
hatred I am through  
Pick up the Cross and bare it, as our Savior  
did for you and I  
I look to the Heavens above and shout "Jesus"  
I Love You !  
I think of what "Jesus" did for me and I  
start to cry  
So much Kindness, Compassion and Love  
He did share  
When you needed Guidance and help "Jesus"  
was always around  
I know in my Heart the one true Father,  
for us He did care  
My life changed for the better by putting my  
Faith in "Jesus" I found  
Praise and Love be to "Jesus" for the work  
He has done  
I Love you Brothers and Sisters for who's Love  
and Devotion He has won.

## HIS DUE

I read the Holy Bible and study the true word  
"Jesus" is real, haven't you heard  
He gave His life for just you and me  
So that we would believe, so that we would see  
He takes our Pain and our Hardships away  
There is no doubt "Jesus" had already paid  
We must remember and give Praise and Love  
So we might leave this earth, for Heaven above  
Stop those sins and Stop all that Hate  
We must if we wish to reach Heavens Gates  
Love your Brothers and Sisters as you Love yourself  
Put all that Jealousy far away up upon the shelf  
Pray to "Jesus" for forgiveness of all your wrongs  
And you will hear Angels in Heaven sing Heavenly songs  
This is for your Life, this isn't some kind of game  
In my Heart I give "Jesus" rightly His Fame.

## THE CUT

I am not wise, wisdom has eluded me each  
and every time  
I am not strong, unless to "God" I ask  
and I find  
I am not smart and I cannot put myself  
above the rest  
I can only pray to "God" who guides me,  
He is the best  
I do wrong more than I want to, and I do  
right now and again  
I am a believer, true and through, to me  
"God" will defend  
I am weak without "Gods" strength, I am  
poor without "Gods" grace  
I pray that it is Heaven with "Jesus" that  
I take my rightful place  
I am human, born into a sinful world with  
very much regret  
I have "God" in my life, I cannot lose,  
would you take that bet  
I ask you, who are we to please, open your  
heart and believe  
And from Hell to Heaven the sword of "Jesus"  
will cleave.

## BLINDED

Kindness, Love, Friendship, Respect, this is  
what all hearts desire  
"Jesus" freely offers this to us, and in His  
work He does not tire  
He asks that we all become Strong and Right  
and Good  
He stands with open arms to help us flee from  
Evil as we should  
He will give us Love and Strength, but only  
if in truth we ask  
There is no reason to turn to Drugs or  
the Alcohol flask  
Our True Life and Strength are in "Jesus"  
abounding with Love  
He was given to us from Almighty "God" who  
dwells in Heaven above  
There is no need for Heartache or Deceit or  
Hate and Pain  
"Jesus" put an end to all that, and shared  
all His Love when He came  
I give all my love to "Jesus" for saving a  
sinner such as            me  
Open your eyes and open your Loving Heart  
there is "Jesus" can't you see.

## WHY

I think of the world and all there is  
to do and see  
I look at all the people, why did  
"Jesus" pick me  
Many people work and have Loving  
and good lifes  
Why did "Jesus" single me out and  
end my strife  
Lots of people work and have families  
friends and loved ones  
Why was it upon me that the beautiful  
rays of the sun shun  
I am a sinner and yes on occasion I do  
very stupid things  
Why is it to me, Love, Kindness, and  
Strength "Jesus" brings  
Yes I do Pray and I do Worship and yes  
I do believe  
Are these the reasons, because to "Jesus"  
I fall to my knees  
What ever the reason, I give Praise and I  
Thank you "God"  
For sharing Your True Love with me and  
Sparing the Rod.

## SURELY WON

I now have insight where only Darkness  
used to dwell  
I am growing in "Gods" Love, this my  
heart can tell  
I have seen and done many many  
wrong deeds  
With Bible study and Prayer, the eye  
of my heart now sees  
I was weak and I believed I already  
knew it all  
Until my eyes were opened, for this  
I thank "Gods" call  
Now I Dream and I want a life full  
of good and right  
I've learned this much, it can only be  
achieved with "Gods" Might  
He is teaching me now, and I am learning  
slowly but for sure  
I have learned "Jesus" is and has been my  
every ailing cure  
My Praise is to "God" for wanting a sinner  
like me to be His son  
And with this knowledge, the Love of "God"  
I have surely won.

## PERFECT DOVE

I dream of better days when life was  
young and fun  
I think back on Hardships, and the Pain  
that my wrongs have won  
I think of the winners and the losers  
surviving the long days  
I think of the Holy Bible and the things  
it has to say  
It speaks of a better life to come and it  
tells of the past  
How this Earth and people were perfectly  
made from first to last  
It speaks of Faith, Love, Belief and  
doing good deeds  
It tells how "Jesus" coming will divide the  
good grass from the weeds  
It speaks of much Heartache, Loss, and lots  
of Pain and Turmoil  
In the beginning "God" breathed life into  
us from the soil  
Do not return good with Evil, unless you  
expect the same  
Do not Shun your Brothers or Sisters whether  
whole or maimed  
I believe on "Jesus" He came to me out of  
His Great Love  
I thank Almighty "God" the Father in the Great  
Heavens above  
For sharing with us the most Perfect Dove.

## SHOUT

Dreaming of a better life with no Hardships  
Hunger or Pain  
Trying to do good and Right, bringing to  
myself the same  
Wishing for Right and not Wrong, Truth  
and not Lies  
Hoping and Praying that my Heavenly Father  
hears my sorrowful cry's  
Hearing the Word of "God" my Heart takes  
a leap for Joy  
Honestly Believing in "Jesus", With "God"  
there will be no ploy  
Studying His Great works and excepting  
His undying Grace  
Praying for His return "Yelling" Please  
make haste  
Choosing Right from Wrong, and Good from  
the Evil things  
Goodwill, Eternal Life, Joy, Love, these  
are what "Jesus" brings  
Opening up our Hearts so that True Love  
might seep out  
I Love You Almighty "God", this I am not  
afraid to Shout.

## YOU HAVE WON

"God" the Father, "God" the Son, "God" the  
Holy Spirit make three  
This is what is commonly known as the  
Holy Trinity  
Omniscience, Omnipotence, Omnipresence,  
once again make three  
Knowledge, Power, everywhere, once again  
make the trinity  
We humans have a body, A Soul and the  
Holy Spirit, Again three  
Will you think about it, I already know  
"God" is in me  
We must study the True Word and fill our  
Hearts with Love  
If not, Please do not expect to get to the  
Great heavens above  
Do not wait too long singing your same old  
tune and song  
Grow and Pray and Praise "God" because Heaven  
is where we all belong  
Thank You "Jesus" for what You have done, my  
undying Love and Praise you have surely won.

## FOR YOU & ME

"God" guides us through all our Turmoils  
and all of our Pain  
He Loves us all in Hopes that we will all  
do the same  
He shares His Wisdom in Hopes that we will  
turn from our Evil ways  
He carries us over our Burdens and Troubles  
day by day  
He offers Himself in the Hopes that Eternal  
Life we will receive  
He did all of these things so that on Him  
all might believe  
He endured very much Pain and Hardships  
for you and I  
He, so we all might have Eternal Life  
had to Die  
He gave us the Holy Spirit so we might open  
our eyes and see  
He did what no one else could, He offered up  
His Life for you and me.

## HEAVENS ABOVE

The Bible is Good and it will surely show  
us the True way  
It tells how our sins were forgiven, for  
that "Jesus" did pay  
It teaches us Right from Wrong and it  
shows us "Gods" Truth  
You will be safe in the Knowledge of Eternal  
Life and your Youth  
"God" is our Power and gives us the Strength  
to carry on  
Not only on this Earth, but also in Heaven  
where we all belong  
The Bible is True and Right and yes it is  
very very old  
If you read the Bible, you also will learn  
the Truth being told  
Thank You "Jesus" for Your guidance and  
Your Undying Love  
I bow my head and offer Praise and Worship  
to the Heavens above.

## NEVER PART

I wake up in the quiet soft night  
I feel content there is no room for fright  
I feel peaceful and the day is anew  
I Pray for the Good works that I might do

My Prayers are answered from far up above  
My Heart fills with "Gods" everlasting Love  
My soul has been Graced with Eternal Life  
My troubles and pain have left me, also my strife

I Pray for my Brothers and Sisters to do well  
I Pray for Strength so Evil will not dwell  
I Pray for all my family and friends to be safe  
I Pray for Life and not my Soul to waste

I Thank You "Jesus" for being always there  
And for my Prayers You seem always to hear  
I Thank You "Jesus" I now carry You in my Heart  
Now that I have found You, I will never part.

## CHANGES

My Sisters, My Brothers, My Family and all of  
my dear friends  
I am sorry for the Troubles and Heartaches I've  
caused, I'll try to make amends  
I have changed my life from wrong to right because  
I have looked Evil in it's face  
I have washed my Heart of all it's bad and put  
"Gods" Love in it's place  
I Pray now for Guidance and I ask for "Gods"  
Tremendous Strength  
And every day that passes and I do right, I offer  
to "God" my Thanks  
He has showered His Grace upon me and has shown  
me the True way  
Now it is all up to me, how I walk each and  
every day  
It is not easy to turn from the wrongs that offer  
themselves to me  
But I have made a decision in my heart to do good  
and I want people to see  
I owe my Strength to "Jesus", He made this Wonderful  
change take place  
Now I Pray to "Jesus" and His coming to this World,  
and I ask that He Please make haste.

## MY KNEES

The human heart will deceive a man and bring  
him to wrong ends  
Prayer and Worship will strengthen a man to  
which Life begins  
I ask that my sins be forgiven and for Evil  
to depart  
I Pray for the Spiritual cleansing of my human  
and material heart  
I cannot do it on my own, I must receive much  
help from above  
Then I know I'll be Healed for sure, by "Gods"  
abounding Love  
Thank You LORD for hearing me, a terrible sinner  
in much distress  
You have reached out Your Powerful arm and to  
me You have Blessed  
I'll try to change my wrongs to right and try  
to do good deeds  
I Praise and Worship You Father every night  
upon my knees.

PAID

The Trees, Plants, the Ocean, Rain, Life, these  
are signs from above  
For "God" so saved the World by sending "Jesus"  
so full of Love  
The Evil human nature, cannot and will not  
Prevail  
As it is written, the good go to Heaven and  
the bad to Hell  
A choice has been given, we have the Power of  
either Right or Wrong  
The bad will become nothing, and to the good, the  
Angels will sing songs  
The Word was written and given to us as a  
True Guide  
For out of Love for us sinners "Gods" son  
"Jesus" Died  
Would you have done the same if the tables  
had been turned ?  
Or would you have failed and fallen  
and burned  
I Pray to "God" to allow me Strength to  
endure day by day  
I Thank "Jesus" for His Love and for my  
sins He did pay.

Cory Runge  
#P-04047

## THE ROAD

I listen to my heart, it tells me it wants to  
be True and do Right  
I see the troubles around me, I Pray for the  
Evil to take flight  
I feel Strength enter and the Darkness  
runs to hide  
When the good shows itself, there is no choice  
the Evil will abide  
Every person was given good and every person  
was shown Right  
It is now put upon that person to choose, to  
either lay down or fight  
"God" has given His Holy Light to the people  
who are in need  
Within "Gods" Words it is Living water="Jesus"  
who replenishes our Hearts seed  
We must always Learn and Grow and give study  
to our Wrongs  
For when we earn Wisdom, to Heaven our  
Souls will belong  
Always seek Truth, Goodness and Love, these are  
the ingredients of being Saved  
For each lesson we learn we receive a Golden Brick  
to which the road to Heaven is paved  
So make your choice now, you surely do not wish  
to be late  
I have made mine, to Eternal Life I now have a date.

## SHOWING

I hear singing from the other inmates on  
the upper tair  
And I feel the Strength of "Jesus" so I  
know He is near  
The Pain and Suffering He endured for my  
sins, I could never bear  
Not just Fright, I would have been filled  
with a terrible fear  
Would I have tried to stop the Crucifixion,  
would my human heart dare  
If it were me Pleading, would Almighty "God"  
in Heaven hear  
I am sure in my Heart, He would, with His  
Undying Love, He cannot help but Care  
And I know I wouldn't have to be on a Cross,  
He is with us everywhere.

Cory Runge  
#P-04047

## TRUTH AND RIGHT

The Morning anew, my sins have been forgiven  
and have passed  
A new day to try and do good, I Pray my  
Purity will last  
New wrongs to be committed without giving  
it much thought  
Being born of this World is how they  
were all brought  
I bow my head in Prayer every night to  
"Jesus" my redeeming King  
My heart full of Love and Joy is what my  
Prayers bring  
I am sorry, I am human with much cluttering  
of my Soul  
I will always remember the Saving Grace, from  
the Words of the Bible being told  
I now have the strength to help me carry  
my heavy load  
"God" now guides me and puts me in my place  
if I endeavor to be so bold  
I Praise and Worship and Thank "Jesus" for  
showing me the Light  
I will now let my heart guide me, for it now  
knows Truth and Right.

Copy Runge  
#P-04047

## WONDERFUL DAYS

"Jesus" is my "God" with Him I will never  
ever be afraid  
He gave His Life for me, with His own Pain  
He has paid  
The deed did not have to be done, we could  
all still be in sin  
Now when your feeling good with the Spirit,  
you'll know how your good life began  
Worship "God" and Praise His Name for the  
good He has given you and I  
That Good had a very High price, A True and  
Loving Man had to Die  
Never forget "Jesus" unless He will not  
remember you  
If you do and you end up in Hell, it's your  
own fault because you knew;

Thank You "Jesus" for Your Loving Kindness and the Strength  
You share with me, please forgive my mortal sins and guide me in  
Your Light, I am in Awe of Your Goodness and Thank You for the  
Gifts You have given to me, Thank You for uncovering my eyes so  
Your Love I now see, Please guide my Brothers and Sisters and  
allow us Your Good, True way, I Thank You Lord "Jesus" for all my  
new Wonderful and Beautiful days,

AMEN

AMEN

AMEN:

## FINDERS KEEPERS

I wake to a darkened sky with wonderfully bright stars  
The peace was upon me, no noise, no smog, no cars  
I notice the blue tint showing itself, the sun is about to rise  
I stretch the night stiffness away and I begin to open my eyes

Clouded was I on a stormy dark and desolate day  
I pray to "God" to help me and to guide me in His Good way  
I allowed my burdens to overwhelm me and weigh me down  
Then a Beautiful feeling found me and I was raised from the ground

Praise was upon my lips and true Love formed upon my heart  
I Prayed for good works and actions and that "Jesus" would never part  
I remembered that Beautiful feeling and I knew I was saved  
The Great road before me was Gold and Silver paved

My sins have been forgiven and a new Life had befallen me  
The darkened sky left and True Love I began to see  
My will was refreshed and my Life was granted anew  
I'll always remember that Wonderful day "Jesus" the day I found You.

## DON'T WAIT

I look to "God" for guidance, that the Truth will be told  
"O" how I have wasted my youth and now am very old  
I Pray to "God" asking to be forgiven of my ugly sins  
I know I am young in "God" so my Life has just began

I ask for Strength and Comfort to guide me through this Life  
To enter into my Soul and to squash this terrible strife  
I watch my Brothers and Sisters and I see the Life they lead  
All the things we want and wish, but "God" is who we really need

He guides us through our troubles and offers a Loving Hand  
He gives us Strength in this Life to make a Strong and Loving stand  
He watches over His Children so that no Harm will befall  
He follows His little Children, Listen you will hear His call

He is my Savior, He is my Father, He will protect me from all Harm  
With all my Love in "Jesus" I have no cause for alarm  
He offers a kind and Loving Hand, Please do not turn it away  
Don't wait, when "God" comes the guilty and un-repentant will pay.

Cory Runge  
#P-04047

## BRINGING

Thanks be to "God" our Holy Savior and King  
Lets come together to Praise, Worship and Sing  
I Love You "Jesus" Your Truth has prevailed  
You have shown my heart Heaven and delivered me from Hell  
I study Your Words, I know they are True and Right  
I give Praise to You morning, noon and night  
You have taken my lost Soul and You guided me home  
On this Desolate and Deceiving Earth I no longer roam  
Beauty, Love and Goodness I can now see  
You have shown these wonders out of Love for me  
I Praise You "Jesus" all Morning and all Night  
You have given me True Strength for which to fight  
Thank You "Jesus" for showing me the True way  
Now even I live Joyfully in Your goodness every day  
I Love You "Jesus" You are my Rightful King  
Kindness, Forgiveness, Love, to me these Works You bring  
(Thank You "Jesus") I will now always sing.

## TIME

I am very sorry to say, I am a sinner, they  
are so hard to end  
I am so Thankful, my life with "Jesus" has  
already began  
Most of my sins are ended, with "Gods" Strength  
I put them in the past  
But there are still sins I need to end, I Pray  
they do not last  
I recognize them as from the mortal world, and my  
human self does not want to let go  
I Pray to "Jesus" to Strengthen my Spirit so my  
sins will die and not show  
Some things on this crazy earth are very hard to  
let go and be gone  
Even the ones you know in your heart to be  
very dirty and wrong  
I am very sad because of my weaknesses and  
my failings  
I try to seek only the Truth that which only  
"Gods" Living Spirit brings  
The day I find this Wonderful Truth, is the  
day the Angels will sing.

TRUE "GOD" SEND

I wish and I Pray for the hour "Jesus" will  
come and save my Soul  
But like most folks, I fret and worry  
because I am getting old  
I give Praise, and I Worship my "God" who  
lives in Heaven  
So He will make my heart Strong, and raise  
my Spirit with His Leaven  
He is the only one who can keep us alive and  
keep our hearts good and right  
We now can feel Joy in the day and feel no  
fear at night  
He takes away our Troubles and our Pains so  
we have them no more  
That is just the start of the Great Goodness  
"Jesus" has in store  
So open up your hearts to all our Brothers  
and Sisters and Friends  
Let the Great Love of our Lord "Jesus" come  
and it will begin  
Then you will understand the meaning of the  
True "God" send.

## NIGHT AND DAY

I see my Brothers and my Sisters in Turmoil  
and Great Pain  
The pressure is so great it could easily  
drive a man insane  
Life's problems overwhelm us and they  
begin to rule our lives  
They cut through the Heart and Soul like  
so many tiny knives  
The Bibles Words and Fellowship with "Jesus"  
is what we all need  
Please Help us my Father, I fall to my knees  
and I plead  
I Pray for Wisdom and seek the path to "God"  
which is True and Right  
Then "God" will give freely the Strength to  
carry on the Good Fight  
Thank You Lord "Jesus" for showing me the  
sinner, the Right way  
My Praise will always be to You throughout the  
Night and Throughout the Day.

## WONDERFUL LOVE

I wake in the early hours, when it is  
quiet and very dark  
I look around my cell, the walls are bare  
and the locker stark  
I read the Bible and I Pray for everyone  
to have a good day  
I am wondering how much longer I will  
have to pay  
I Study and I try to learn, and try to gain  
Wisdom and Insight  
I have learned the most peaceful time to do  
this, is at night  
I observe other inmates doing their daily  
activities and routines  
I Pray to "Jesus" for He is our True  
Heavenly Being  
I Pray for Peace and Love between all our  
Sisters and Brothers  
I try to let it be known, there is only one  
True "God" there are no others  
I give Praise to "God" for the Wonderful Gifts  
given to me from Above  
Thank You LORD for sharing Your Truly Great and  
Wonderful Love.

DEAR LORD JESUS

song

Dear Lord "Jesus" You saved me,  
Dear Lord "Jesus" You saved me,  
I was wrong and You were Right, You put an  
end to my Painful Strife

Dear Lord "Jesus" I Love You,  
Dear Lord "Jesus" I Love You,  
You guided me through my wrong ways, and added  
Loving Life to all my days

Dear Lord "Jesus" You Loved me,  
Dear Lord "Jesus" You Loved me,  
When I knocked on Your Heavenly Door You let me in,  
You took away my hardships, You took away my sins

Dear Lord "Jesus" You molded me,  
Dear Lord "Jesus" You molded me,  
Where Darkness dwelt You added sight, when I was  
tempted and weak You gave me Might

Dear Lord "Jesus" the Saving Son,  
Dear Lord "Jesus" the Saving Son,  
Just as I thought Life was over You grabbed my hand,  
now around my Heart I wear a Heavenly Band

Dear Lord "Jesus" I Thank You,  
Dear Lord "Jesus" I Thank You,  
I am as a Child in a new World, my Life has just begun,  
I Love You "Jesus" my Heart You have surely won

Dear Lord "Jesus" be near me !  
Dear Lord "Jesus" I Love You !  
I Love You !  
I Love You !  
I Love You !

===LOVING SONG===

I was sad and lonely and my life did  
not mean that much  
Then I found "Jesus" He has been my  
Strong Healing Crutch  
I have done many wrongs and I Pray for  
better days  
He took and destroyed all my sins so I  
would not have to pay  
I ask why would he do this, especially  
for a sinner like me  
He cleared and uncovered my eyes so I  
to might see  
He shares His Love freely with all our  
Sisters and Brothers  
Only asking that we share His Love with  
any and all others  
Thank You for sharing LORD, I will try  
to do no wrong  
To "Jesus" I will always Praise and offer  
my Loving song.

UN BOUNDED LOVE

I am a sinner for sure, indeed, indeed  
I ask for forgiveness from "God" upon my knees  
I have been wrong and have done many wrong things  
I now witness misery to which those bring  
I wish to do good, I wish to hear the Angels sing  
I Pray for "Gods" touch, please open my heart  
I know that is the only way for me to start  
I Pray for His healing Power, His Strength from Above  
I need only "Gods" True Un Bounding Love.

## BURSTING

I think of Heaven and all the True and  
Good things to come  
I think of my wrongs, and "God" whose  
Love I have won  
I try to Love all my Brothers and Sisters  
from my heart  
I Thank "Jesus" for taking my old life  
and allowing me a new start  
I look at this World and all its Traps and  
Troubles that it has wrought  
If you turn from Good to Evil, then much  
Trouble you will have brought  
To end these Hardships and Turmoils, turn  
to "Jesus" "Gods" Saving Son  
Then shed the old ways and your new life  
will have just begun  
He will guide you and share His Wonderful  
Loving Strength  
We must all Praise and Worship "God" and  
give our undying Thanks  
Thank You Lord for saving me from this  
Terrible Pain and Thirst  
Now I am filled with Joy, and feel  
like my heart will Burst.

## HE & ME

All I have is my Troubles that Plague me day and night  
All I have is Darkness that unleashes all the Fright  
All I have is my Turmoil and Pain that abides in me  
All I have is shaded and prevents me to see

All I give is Worries that befall me day by day  
All I give is Heartache that seeps from me in every way  
All I give is Problems that prevent me to enter my true life  
All I give is taken to which begins my everlasting strife

All I show is quiet so I do not disturb the peaceful night  
All I show is Shadowed, I am becoming to aged to fight  
All I show is hidden so I do not go forever mad  
All I show is open, I have lost what I have had

All I remember are good but that is mixed with bad  
All I remember are gone, that makes me very very sad  
All I remember are sorrows that pack the spaces of my mind  
All I remember are lost, I wait for the day to find

All I know is Love too great to merely express in words  
All I know is Strength from the rightly given sword  
All I know is warmth that thaws my hearts desires  
All I know is possible from a Majestic Power much Higher

All it means is that I am far from being alone  
All it means is that I no longer am destined to roam  
All it means is that I stole a glance from the Heavens above  
All it means is that I will live for "God" my True Love

All He gives is Strength, He doesn't ask for much in return  
All He gives is Eternal Life so that we might not Burn  
All He gives is Wisdom so that we might Learn and Grow  
All He gives is True Grace and Love, that for sure we know.

## THINK ABOUT IT

I close my eyes and I am descending, then I see all my  
old friends burning and breaking rock  
They used to do a lot of wrong, then brag about  
never getting caught  
One friend in particular really stands out  
in my mind  
"God" knew, now him down in Hell is  
what I find  
"God" can hear the un/spoken and He can see  
all the un/seen  
He is the creator of Heaven and Earth, Thee  
Almighty being  
His Word and Good Works are left to show us the  
True and Right way  
If we do not turn from our old ways, we can be  
sure we will pay  
Then I feel like I am being lifted, Higher and  
Higher I go  
I have earned "Gods" Love and I have earned "Gods"  
Peace, I already know  
I burst through the clouds and straight into  
Heaven I race  
I am wearing shiny white robes and a lot of Gold  
and Silver lace  
I never wished for a second that my old friend and  
I could change place.

## WHO KNOWS

I close my eyes and I think of the Birds and how  
they float through the air  
I close my eyes and I think of Heaven and wonder  
if I will ever be there  
I close my eyes and I think of my Family, whom  
have always stood by my side  
I close my eyes and I pray for my Family, in Heaven  
is where I hope they will abide  
I close my eyes and I think of the Wrongs I have  
imposed upon others  
I close my eyes and I pray for Forgiveness from my  
Sisters and my Brothers  
I close my eyes and I weep and I hurt the whole  
day through  
I close my eyes and I listen to my Heart which  
is crying "Jesus" I Love You  
I close my eyes and I notice the changes in my  
desolate and weathered life  
I close my eyes and I think of "God", I give my  
True Thanks and Praise  
I close my eyes and I now see the Heavens above, for  
from the ground I have been raised  
I open my eyes and I see the Glory of "Jesus" sitting  
on His rightful throne  
I open my eyes to a mirror and I look at the person  
saved "Who could have known".

## EVERY TIME / EVERY WAY

I think of wrong and I think of doing right  
They are as different as the day and the night  
One must watch their actions and ask "God" for strength  
We will conquer the wrong with "Gods" help at length  
We are sin filled and we by ourselves are very weak  
Always remember, "God" so very much Loved the meek  
I put my Trust in "Jesus" He lends me His strong hand  
And always around my Heart I will wear His Loving band  
I give Praise to the LORD for guiding me day by day  
I offer my services to You Lord Every Time, Every Way.

## THE HEARTS CORE

Love and Tenderness, that's all I ever get  
Does the Good LORD ever quit ?  
His life was taken because of my sins  
Because I found "Jesus" I can't lose, I'll always win

He never Hates, He only gets Disappointed  
He has been with me ever sense I was a kid  
I have done a little good and a lot of wrong  
and still He puts in my Heart a Loving song

He takes my Turmoils and Pain and He takes them away  
I turn to "Jesus" so much throughout my day  
He gives me Blessing upon Blessing without an end  
I Thank the Heavens above for this True "God" send

There is no limit to the Love He shares  
With "Jesus" in your Heart you'll have no worries or cares  
Giving and Sharing and Giving more and more  
When I need "Jesus" I just look into my Hearts Core.

PAGE BY PAGE

I sit and I wonder where my desolate life  
is going to lead  
Will I be an Astronaut, Police man, waiter, that  
question is only for "God" to decree  
I pray for a good life with no turmoils, pain  
or heartache  
Because of my wrongs, I still do not know, I  
depend on "Gods" Grace  
I pray for my Family and my Friends, that they  
do not end up like me  
But this also is "Gods" Grace and it still  
remains to be seen  
There is a lot of wrong in the World, but there  
is still a lot of good  
I would like to see everyone happy, Laughing and  
Joyous if I could  
We depend on the Strength of "God" to lead us  
each and every day  
We must always Pray and be of Good Faith, that  
is the only way  
I Love You "Jesus" for the Good You have shown  
me in this age  
I will always try to do Right and Study Your  
Good Word Page by Page.