

## Chains of freedom

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Book of Poems & Quote's

This Book was wrote over time and different frames of mind my feelings and words that hopefully some one can relate to.

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To my mother Brenda I Love you.

## Words from the Author:

I pray that the essence and Power that is in my words inspire and edify your spirit as the real man who possess an open-mind I look beyond the surface with no judgment because it limits our ability to gaze upon the sterling qualities that can inspire and bring fourth our hidden Potentials that makes us more complete and illuminating Life is short time goes fast some say "were living to die". I say I'm living to live Because when its all said and done My spirit will Live forever.

## Chains of freedom

Only those we trust can ever betray us.  
Life's short some people live then they die.

Time keeps moving on and on seems like its never ending. even in this life of freedom there's chains self made man made some forced upon us some not it's inevitable that conflict/chains of freedom will occur in life.

In every aspect of existence it can occur. Life sometimes seem to be a series of conflict, chains, freedom and static but not always in a negative nature.

"The real world can be unforgiving; events occur over which we have little control, other people ignore our feelings in their quests to get what they need, time runs out before we accomplish what we had wanted. If we ever stopped to look at the present and future in a completely objective way, we would despair.

- Robert Greene,

## Misguided and undecided

Ride the wave while it last is what you tell  
me get the money while you can. Then the  
money, cars, clothes will come everyone they'll  
call you the "man". Ride the wave work it  
make it work "by any means."

Dont stop take all shortcuts and inbetweens.  
Ride the wave ride high why because some say  
life's a bitch then you die.

Everyone wants to ride the wave some cant  
stay on the board some ride it until the  
end and they reach the shore. This and end  
always. like surfing the wave starts off  
low then rides high some higher then others  
but they all come down some reach the shore  
some sink and drown. There are many kinds  
of waves if anybodys asking this was your  
wave worth it? I road mine for years holding  
on I made money had all the things that came  
with it then I crashed and burned fall off  
the board im still swimming to the shore I  
chose the wrong wave to ride.

## Freedom

Freedom to Live what does this mean? freedom to live is one of life's finer things freedom to live is the life we all desire freedom to live cost us nothing and there's nothing required. The land of the free the home of the brave where the poor man can get rich and the so called "Hoe" can be saved, we look for freedom when we've had it all along if you are an american born and raised you we're born with freedom. Some of us end up taking our own freedom away only chasing it when we've had it all along. We end up in chains fighting to get out fighting to get back fighting to find help. Help me!! help me!! we yell at the top of our lungs but most of us dont get heard they've buried us low under the brick they call prison. Some of us make our way out never to return Thank God. Me I want to help. Help the one who's been here right where I am the one's who are on there way here and the one's I can help and keep from coming here there free I want to help them open there eyes so they see there freedom. freedom its so wonderful some of us never realize that until we've lost ours our freedom freedom to live now that I've lost my freedom I'll utilize my freedom to give more freedom more life back. What about you?

## Man/woman

If a man's wise he can turn Prison into his personal university. By gaining knowledge understanding and bettering himself. But a foolish man/woman will not try and understand why he is where he is and will turn Prison into his playground. The Bible says "when I became a man I turned from my childish ways". What does it take to grow up? What is a grownup anyway? Some of us man/woman never grow up and go through life like it's a candy store that we can take whatever sweet we want. But that doesn't last nothing ever last there's a beginning and there's an end to everything. Change is the most hardest thing for some to do. The things we become acustom to are so deep inside of us that it takes alot for them to be removed. For most changing is so hard to do that if we went in a situation we were forced into and forced to change then we never would. We show we joice in every situation we go through. God allowes us to go through tough patches those patchis help us in the future so if you feel like you've lost everything be grateful because now you can have it all.

## Circumstances

Circumstances, A C.O. once wrote me up for something I didn't do and we both knew this to be fact. So I asked him why? his answer "I guess your just a victim of circumstances." Looking at our circumstances it may seem that we've come to a low the lowest point or the bottom. we may be at our lowest but we should see ourselves as fortunate because if we are truly at the lowest point then theres only one direction we can take from this position and thats up so our situation shouldnt be looked at as being so bad.

## The Gamble

One day at a time is what we take as we walk the line. meanline 3 times a day. Day in and day out dreaming hoping praying that One day will get out even more so that we make it out stuck in Badrock for the moment looking at the world living like the Jetsons things moving fast on that big black screen called a TV. Wishing we could be on it.

Then reality sets in were back walking that line again. As time moves on and changes, faces do too few stay the same you think what did he do to get all this time like you. He must've been playing a dangerous game just like you. maybe not God only knows His five story and its plot. or maybe he is like you wishing he never did Gamble and cost that lot.



## Slow down

As life slows me down my eyes are closed but I still see what goes around comes around. I just clear my mind and take life one day at a time.

Because in just one day it all can be taken away. There's no guarantees in this life it's a game that so far I feel that I've played nice. But for all our wrongs we'll pay the price so life slows me down I've just hit the top the crown of the rollercoaster it goes up and down round and round still life slows me down.

## Untitled

Life is short and the world is large.  
Most fear comes from a person's ignorance  
the unknown what we can't see. If only we  
could take three steps forward two steps  
back and always be one step ahead while  
we continue to move forward. Some words  
have to find a person's mind before they are  
able to touch that person's heart and then that  
person realizes they know nothing which is  
the beginning of wisdom.

## My Point is

This world is cruel and even more unforgiving. It's a place that people kill and committed crimes to disguise themselves there in secretries the one's that make them appear weak, pathetic, out of touch, or even vulnerable and small. when in reality those crimes make them more weak, pathetic out of touch and vulnerable to a life full of cells and bars this is not meant to toy and put someone down because at the end of the day in a criminal and in prison im just out to make a point. we steal because we think we need we kill because we think we hold life in our hands. but in the end all life comes from and goes back to god. we search for something when he's there all along.

## Too fast

I sit and think awhile, I think of her her grace her smile. It blinds me, thinking of it always reminds me of good times. Times fast but I remember how they left too fast. when all I wanted was for them to last. But they didn't they never do. Good times that is they always come too fast. Then we go through, go through it that's fast to All these problems what should I do. Too fast, Too fast in an instant my life just passed. without the time to think it was too fast.

**Too: Z**

## If

Life's full of If. If I could do this over. If I could just have one more chance. If she was single and the list goes on "If" but we can't go back we can only move forward. Life moves on people make money end up Homeless go to jail and in the end there is one thing for sure that will happen to us all rich or poor we all will die one day. That's why in the end we're all the same Black, white yellow, green.

## What's Change?

For some people when the cuffs go on it's like an eye opener that changes their life. But for others they dropped the ball. They don't change then jail and prison become a revolving door a trap something they never learn from. But some of us never get to see those revolving doors because those few end up with long sentences that are sometimes impossible to do like 100 years. It makes no sense to sentence a man to 50, 70, 100 years when you know they will never see the light of day so why not just give them a life sentence?

A wiseman once said "Only God can judge me".

# Change

Cage rage same book new  
page. Things change places faces  
feelings dealings. They don't stay  
the same you lied and I know  
you did because I tried, tried to  
stay the same but I've changed  
still in a cage no more rage still  
the same book just a different  
page. A new chapter im no  
poet or rapper I'm dancer sure  
not an actor. action my reaction  
to your action is passion an emotion  
not a notion no longer floating on  
that magic potion P.E.P it's just  
not me I like my mind clear  
I'll face it anything even fear  
even change. Change I've changed  
have you?

## Understanding

" Surely all art is the result of having been in danger, of having gone through an experience all the way to the end, to where ~~no one~~ can go any further. — Rainer Maria Rilke

Art is more than just a kind of expression or a kind of passion and love.

We're the works of art that God made, we're changing everyday. Change almost always starts with one so why not become the change you wanna see in others.

We all go through different changes in life.

Life can be like an ocean and all of us surfers surfing waves that come and go.

Some of us go looking for the big wave the one that everybody will remember the one that will make a name for us. Some of us get lucky if you believe in luck, enough to catch one of those waves.



## No limit

Being in prison has changed me help make me be a better man. All around and I want to share what I've learned with everybody. I've learned that even though I've failed in some aspects in life failure is an opportunity for growth. People can change in living proof.

There's a fact that we should never forget that there are some who came before us that have overcome all kinds of situations some just like the one I seem to have found myself in at this very moment that to some might seem hopeless or seem same as it did to those who came before us, but some how they found a way a way under over out and through so can you and I, whatever it may be. Through faith family more schooling anything that makes us better better for ourselves better for our families and those around us. our way out may not always be out as in out of prison but that's just our body there's no limit to our minds that's why I've named my mind Master P.

# Jump

I tell you to jump you ask how high? As high as you can. Try and reach the sky that's the limit go for it don't be timid. Life's not a movie you can't direct it. It comes at you fast and things happen when you least expect it. It starts then it's over just as fast so jump jump high and hope you last because if you don't jump you just might get smashed.

"I could not become anything, neither bad nor Good, neither A scoundrel nor an honest Man, neither a hero nor an insect. And now I am striking out my days in my corner, taunting myself with the bitter and entirely useless consolation that an intelligent man cannot seriously become anything; that only a fool can become something."

- Fyodor Dostoevsky

### The Game of Life

We learned to seek wisdom from people from all walks of life. Many people look at people behind bars as outcast or failures, when in reality all we did was break a law some didn't even do that we got caught. But there's more than a handful of people who've done the same things we have and there some of the ones who put us here or arrested us. All-in-all it's a dirty game that they play but a wise man once told me "a sucker plays for games a man play for keeps." So why should we keep playing games with our life with our freedom doing what we know ain't right?

"If you must play, decide upon three things at the start! The rules of the game, the stakes, and the quitting time."

- Chinese Proverb

## Thoughts & Ideas

Our thoughts create our words and our words express our thoughts as ideas. So why not think more look past the "easy way out" life's not all about "stuff" money, women, & sex about life living free, family, and bring there for the people we love and care for. Our thought creates our words which can hurt people or bless them our thoughts create our ideas which can lead us down the right road or the wrong path even though our thoughts are ours. We express them in words and actions our words become everyone's because most times they affect those around us so why not think thoughts of peace of happiness of hope and faith so that can be what comes out in our expressions and it will become contagious to those around us.

## locked

locked in chains locked in prison its  
lonely in here inside. my body feels  
like its outside outside of reality. I can't  
hide but I dont wanna ride this rollercoaster  
ride. like im trapped im chained in in prison  
but not for long I played the game  
and I lost to the same ol song or did  
I? did I win? its not clear now but im  
sure it'll All be clear in the end. But when?  
when will that be? Im lost locked in chains  
locked in prison but Im free Ive found me.

## Untitled

"No one has ever enslaved us in any way but ourselves; no one ever set a cause in motion but ourselves for which we are in any way responsible; no one ever will set a cause in motion but ourselves for which we will ever be responsible" — F.W. Sears (1914)

Even though I get in a cell like many others before me my mind is still free like many others before me some lose their minds and get called burnt out some gain wisdom may make prison a playground when we can turn it into a university? Good Question. Why say Prison is "made" to "reform" so how come so many leave and come right back? where's the reform? Truth be told they dont offer any reform. from what I've seen they want us to feel hopeless worn down by disappointment and longing for some or happiness but what most of us dont know and should there's a thing called self-reform we can work with God and others who want to change and we can change our way of thinking our why of always wanting to get over, (Romans 12:2) why keep getting pulled even deeper into quicksand by the struggling intended to get you out

## Untitled

Life and love isn't always black and white. Everything isn't cut and dry. There are grey areas that sometimes cloud over judgment and become confusing. And just when we have a moment of clarity and can finally see things clearly for what they are, something comes along and blocks our vision. I read this somewhere I don't remember where but I remember it or parts of it. I added some words.  
Respect GOD is love.

## PURPOSE

A Life without a purpose is no life at all. Most think there purpose in life is money, things or the opposite sex. But those lust were without purpose. What we've thought of as a way of living was not living at all. We're all born for a purpose with a purpose for some. Its easy to find out what that purpose is. For some it takes time and for others they never find there purpose or have the feeling of no purpose. Light cant exist without darkness. And if there was a purpose to my darkness maybe it was to bring some balance to the world there's always purpose to everything even if we dont think so. And there's always a light somewhere, whether it's at the end of a long, winding tunnel up from a deep dark hole or even a prison cell. I've found my light can you find yours?



## Fear NO Evil

"Yea though I walk through the valley of the shadow of death I will fear no evil."

The spirit is my friend the one that gives me peace within.

The Shadow is killed by the light.

Just like a new day comes after night.

Through GOD death can never be reached. there's ever lasting life in the words that the teacher teach.

The fear inside is not real it's an evil that one can only feel in an emotion that you cant touch with hands an emotion that may be part of yours but not his plans.

So I stand I fear no evil I walk in the dark knowing he loves me and hold his word's close to my heart Because I know it will all be ok when I finish as long as he's with me from the start.

## Friends

However rare true love is it's less so than true friendship. we can go through life and never find true love but at times it may seem we have all the friends in world. what is a friend? Webster's Dictionary says that a friend is "a person one knows, likes, and trusts. But who do we really know? where they are in their mind we can't be we can't see what they're thinking good or bad for us? who can we trust? Anyone friend or foe will turn their backs on you in times of need. How many of us is where we are because of the help of a friend good or bad? A. Lehane you are a true friend.

## Those eyes

Whats in those eyes? lost words loose ties?

As I think with closed eyes and wonder  
wonder about life wonder about how my  
feelings cut, cut deeper then a knife,

Shaper then a blade how I wish I had  
it made. whats in those eyes? I see

but I cant see whats in those eyes?

It's not you its just me your eyes

lead to your mind your soul your

Mind can set you free set you free

and take you places you'd rather be

need to be mostlikely a feeling something

you cant see. Those eyes.

## Real

There's a rapper named Plics most if not all of the CD's he's made had the name real in it. The real testament, Defenstron of Real, The realist and so on. To Plics, most rappers, most men and most women. What real is is someone about "that Life" someone who can hold there own glass that won't fall or someone who will fight. Shoot stab at the drop of a dime and sometimes for no reason at all or someone that doesn't do any talking, there in other words "about that work". I could go on for days talking about the worlds false sense of what real is or what a real man is. over the years I've relearned what real is. someone who can hold there peace as humble and use words not fist or weapons. I've learned that even though anger can be good for you at times being quick to anger is foolish. I believe now that a real man doesn't speak what he doesn't know. A real man as in the sense of the world. keeps his mouth shut when it's called for he acts like he doesn't know. A real man never starts the problem he ends it the right way. a real man can be foolish at times but is no fool. when we think and use our brains we can do amazing things. we don't need a piece of paper or a school to let us know who we are and that we're smart we just need to make use of what we have not for the bad things of the world but for good. So we can truly be real for ourselves our families and the people we love and care about most.

This is not the end

One more day that's all it is just one more day  
the days pass the years go but I'm still here. They  
don't believe in faith they don't believe in hope they  
don't believe in prayer but I do. we do the same  
days we do the same years what we don't do is  
the same thing because we don't have like minds.

If only they had something to live for if only  
they tell themselves. Just look around there's life  
everywhere in us in the grass the trees the earth  
everywhere this is not the end this is just  
the beginning there's people out there. there's someone  
out there who we can help who we can guide  
who we can show the way who can learn from  
our mistakes without making the same ones. There's  
more to life than this thing this place this  
building this prison this self this lifestyle "This!"  
is not the end you've heard it before and I'll  
say it again our minds are free and in them  
we can do whatever be whatever become  
whatever whenever and go wherever we want  
and be whatever even if our bodies are not  
our minds can be free.